We have embarked on another academic year and are definitely in full swing now. The School commenced the year with record interest in both our undergraduate courses in Physiotherapy and Exercise Science, with strong first preferences through TISC and good enrolments into first year of each course. We have also welcomed a number of new staff appointments in both the research and teaching areas.

The Graduation Ceremony in February and School Awards provided, as always, many highlights to the beginning of the year. These included a new award presented by the Australian Physiotherapy Association for the top graduate of the Sports Major of the Master of Clinical Physiotherapy named in honour of the late Associate Professor Diana Hopper. In addition we had two new sponsors for awards for exercise science students (Worksite Fitness and Rehabilitation, and Australian Medical Supplies) which we are grateful for their support. You can read more about this wonderful evening in this edition of the newsletter, however in particular we were pleased to mark the occasion and celebrate the awarding of a PhD to staff member Vin Cavalheri.

Our affiliations with Hockey Australia and the Fremantle Football Club are bearing fruit in the form of excellent opportunities for research and student placements in both the postgrad Sports Physiotherapy and undergraduate courses in physiotherapy and exercise science. We also have some staff and students that have personal achievements in their sporting endeavours (we are especially proud of Sian Williams’ effort in the Port to Pub Rotto Swim!)

It would be remiss of me to not mention the beginning of another football season with Keith Hill hoping to return from his Academic Study Leave at the end of April with a little more optimism about the way in which Carlton’s season has progressed. I’m not sure that this is likely to occur however, as one of a number of staff that bleed purple, I’m hoping that Round One is a blip on the radar and a steep upwards trend on the ladder occurs for the Dockers between now and then.
Graham Hall Research Academic

Associate Professor Graham Hall commenced as a research academic with the School on Monday, 4 January. He will be at Curtin on Monday and Wednesday and continues with his other role at Telethon Kids Institute on the other days.

Graham is an experienced researcher in the area of paediatric respiratory physiology. He was successful in receiving an NHMRC project grant late 2015, commencing in January 2016, is being administered through Curtin University - Developing lung function reference ranges in Aboriginal Australians.

Peter Kent Researcher Academic

Associate Professor Peter Kent commenced on Tuesday, 1 March in a Research Academic position.

Peter comes to us from the University of Southern Denmark where he was the leader of the Quality Assurance and Database unit at the Spine Centre of Southern Denmark, and a Clinical Associate Professor, Institute of Regional Health Services Research at University of Southern Denmark.

His research interests include Spinal pain, the application of information technology to enhance clinical practice and research outcomes and quality assurance. He has had strong collaborations with many of our senior researchers within the school and is a wonderful addition to our school.

Richard Wright Technical and Resource Officer

Richard Wright was the successful applicant for this position. Richard is well known to many of you as he has acted in the role of Technical and Resource Officer for the past 12 months. He brings a wealth of skills, knowledge and attributes to the position from his various roles in previous positions within and outside the university.

Michael Wood Lecturer

Michael Wood commenced on Monday, 29 February as a part-time Teaching Academic (Clinical Professional Fellow) for the Sports Physiotherapy postgraduate course.

Michael comes to us with extensive clinical experience as a Sports Physiotherapist and Private Practice owner as well as teaching and clinical supervisory experience with undergraduate and post-graduate students.

He has strong connections, particularly with the AIS and the Australian Men’s Hockey team, which is an excellent fit for the school given our recently signed partnership with Hockey Australia.

Michael will be assisting in the postgrad Musculo-skeletal Science unit in semester one, however his primary responsibilities will be to teach into the semester two postgraduate Sports units.

Merv Travers Lecturer

We’re delighted to welcome Merv Travers to our teaching staff. Merv is well known to the School as he spent a few years completing his PhD with us and has taught for a number of years on a sessional contracts. He has excellent skills in teaching and research that span across a number of areas and brings high level clinical experience in his recent clinical physiotherapy roles.

Merv will be teaching Anatomy in the postgraduate Clinical Physiotherapy course and in Functional Anatomy for first year Physiotherapy and Exercise Science students.

Welcome to all our new staff
An administrative change implemented in January 2016, has changed management of the Health and Wellness Centre and its staff to the School of Physiotherapy and Exercise Science. This is an exciting time for the Clinics and Wellness Centre, in terms of current and ongoing expansion of activities.

The Health and Wellness Centre is a cutting edge clinical training facility with 17 consulting rooms, 17 treatment cubicles, four multi-purpose group rooms, rehabilitation gymnasium, designated student preparation areas, 58 computers and 4 MPS printers. AV recording units are fitted in 14 consulting and group rooms. The gymnasium is fully fitted out as a rehabilitation clinic. A central reception desk manages client appointments, student clinic schedules and room bookings using an electronic practice management system. Students record electronic clinical notes for their clients. Various Simulation activities are held in the centre, as well as student placements for:

- Physiotherapy Musculoskeletal Clinic
- Psychology Clinic
- Stuttering Clinic
- Adult Speech Pathology Clinic
- Cardiac Exercise

And community exercise programs – ‘Life Now’ and ‘Living Longer, Living Stronger’

Staff wishing to see the facilities can do a clinical tour - please contact Carolyn on 4475 to arrange. Welcome to the school Carolyn, Carol, Suzanne and Lyn.

Make tomorrow better. Physiotherapy.curtin.edu.au

© Curtin University, School of Physiotherapy & Exercise Science Quarterly Newsletter March Edition 2016
Australia Day Honours Awards

Four Physiotherapists were recognised in the Australia Day Honours Awards, including former staff member and Adjunct Professor Sue Jenkins; Emeritus Professor Gwen Jull formerly from UQ, who has had a long standing association with the School of Physiotherapy and Exercise Science at Curtin University, and Nola Cecins from SCGH, who has collaborated with School staff on research and clinical education activities.

All have made very strong contributions to the Physiotherapy profession, education and improved patient outcomes. All are very well deserved awards.

The formal nominations were for:

**Dr Susan JENKINS** - Medal (OAM) of the Order of Australia in the General Division - For service to medicine, particularly in the field of pulmonary rehabilitation.

**Mrs Nola Mary CECINS** - Medal (OAM) of the Order of Australia in the General Division - For service to medicine, particularly in the field of pulmonary rehabilitation.

**Professor Kathryn REFSHAUGE** - Medal (OAM) of the Order of Australia in the General Division - For service to physiotherapy, and to medical education.

**Emeritus Professor Gwen JULL** - Officer (AO) in the General Division of the Order of Australia - For distinguished service to medical education in the field of physiotherapy, as an academic, researcher and administrator, and to professional associations.

Professorship Appointment

Bri Tampin

In September Bri Tampin will commence a professorship appointment in Physiotherapy at the Fachhochschule Osnabrueck. The appointment is for five years on a part-time basis and assists with fostering the cooperation between Curtin and Fachhochschule Osnabrueck.

Bri will be teaching for about 14 weeks in Germany, divided into two visits, whilst continuing her work at SCGH.

Part of Bri’s duties involve organising and conducting the annual International Summer School in Osnabrueck and she will also act as a mentor and contact person for Osnabrueck students coming to Curtin and for Curtin Physio School in regards to matters with Osnabrueck. Congratulations Bri

Publications Awards 2015

The School had a number of staff win prizes of $250 each in Category 2 of these awards, Award Category 2 for the highest Impact Factor in the FOR codes - 1103 and 1701.

The awards are based on the Impact Factor of the journal and the fields of research (FOR) for that journal - the (full) paper must be published in 2015 with a Curtin affiliation.

Congratulations to Martin Rabey, Helen Slater, Peter O’Sullivan, Darren Beales, Anne Smith, Andrew Briggs, Robyn Fary, Sonia Ranelli and Keith Hill for the following publications:


STAFF ACHIEVEMENTS AND AWARDS

STAFF PROFILE
Carolyn Lawrence
Clinics Manager
Health and Wellness Centre

1. In 25 words or less, tell us about the main elements of your current role.
I manage the reception desk and administration systems to support 40,000 student hours of clinical training and the delivery of over 8,000 health services each year.

2. What drives you / what motivates you to carry on?
I have always worked in health and love clinics! Having worked as a physiotherapist for a number of years I subsequently moved into health administration. I enjoy establishing new service delivery ‘start ups’ and running improvement projects.

3. What is currently in your inbox / what project you are currently working on?
Supporting the expansion of exercise and rehabilitation services and preparing to generate receipts for Medicare and health funds rebates for our Accredited Exercise Physiologist.

4. Your best / most memorable / most outstanding experience and why?
Challenging myself in a discipline different to my undergraduate studies to learn business management concepts whilst completing an MBA. It has changed how I see the world.

5. If you weren’t working in this role, what would you be doing?
Adopting the next wave of digital disruption. Whatever comes after Airbnb and Uber! Maybe Blockchain technology.

Port to Pub Rotto Swim
Sian Williams
Sian is the first swimmer to win the inaugural Port to Pub Rotto swim!

With only six weeks of serious training, Sian finished the 20km solo category in four hours and 57 minutes - a huge 18 minutes ahead of the first male to finish.

In an interview with WA Today, she said: “I felt a bit lonely all by myself for most of the race. I was nervous about the unexpected and how my body would pull up,”

As swimming legend Shelley Taylor-Smith pointed out in the same interview: “It shows you women can match men in endurance events. Racing against men brings the best out in women,”

The event, which started at Leighton Beach, attracted 700 competitors, including Olympic and Australian swimming champions to complete the swim to Rottnest Island. Congratulations Sian.

Darlington Half Marathon
David Sainsbury
Dave Sainsbury, Lecturer and Clinical Co-ordinator, and his wife Karen, both completed the Darlington Half Marathon on Sunday, 13 March.

They are now building up to do the Perth Marathon in June. Well done and good luck with the next challenge.

Make tomorrow better. Physiotherapy.curtin.edu.au

© Curtin University, School of Physiotherapy & Exercise Science Quarterly Newsletter March Edition 2016
Naomi Michael
APA Board of Directors
Student Prize

One of our graduating 4th year Physiotherapy students, Naomi Michael was awarded the APA National Student Prize for 2015.

This award was created to recognise an APA student member who has demonstrated leadership capacity through their outstanding contribution to the APA and the community.

To be eligible, nominees must meet a number of requirements and are judged on:
- Contributions made to the APA Student Network
- Display of exceptional leadership and high motivation that inspired others (external to contributions to the APA)
- Significant involvement in an activity that contributed to the community in areas of charitable works, support programs for people with chronic disease or disability, health promotion or advocacy programs (external to contributions to the APA)
- High standards of academic progress in their entry-level program

As the 2015 Board of Directors’ Student Prize recipient, Naomi receives APA New Graduate Membership, Membership to one APA National Group of her choice and a $500 APA Professional Development voucher.

Congratulations Naomi - a fitting reward for many years of hard work.

Rebekah Weller
Port to Pub Rotto Swim

Rebekah Weller, a 3rd year Physiotherapy student, also competed in the Port to Pub Swim. Rebekah was the first female to complete the 25 kilometre section in six hours, eight minutes and 57 seconds, and second overall for this event.

This ultra-marathon elite event is the longest open water swim in Australia.

Rebekah is now focusing on the Nationals in Adelaide next year.

Bernard Liew
International Travel Grant

Congratulations to Bernard Liew, one of our PhD students, who has been awarded an International Society of Bio-mechanics Council Student International Travel Grant. These are prestigious and competitive grants.

Well done to Bernard, and his supervisors Kevin Netto and Sue Morris.

Graduations

Congratulations to our new PhD Graduate, Vin Cavalheri.

Make tomorrow better.

Physiotherapy.curtin.edu.au
Volunteer Practical Placement at Fremantle Football Club
By Jaryd Blakiston

On 28 October 2015, the opportunity to voluntarily work at the Fremantle Football Club was broadcasted to our year group. As soon as I saw this chance I instantly applied and was longing to be one of the four students selected. At face value we were simply being asked to assist in the reintroduction of players that have suffered an injury, back into the main group. This was mainly going to be through acting as on field defenders to make the players more accustomed to game like situations. However, once being selected for the placement and getting into business, I soon found out that there was so much more to it.

We were exposed to the analysis of the movement of these elite athletes, to then learning the processes of providing appropriate injury prevention and performance enhancement programs that would attempt to maximise their sporting performance. We also predominantly aided in the facilitation and management of rehabilitation programs for those athletes who needed necessary therapy after injury had occurred.

We were progressed throughout our experience from minor, yet still important jobs, like ensuring players were reaching their running threshold times to activities more complex and subjective in nature. These consisted of responsibilities such as assisting and controlling reintegration circuits that would essentially decipher whether or not the athlete was physically capable to return to the main group and cope with the necessary demands. We were shown the practical component of understanding the direct correlation between the strength and conditioning of athletes and their on field performance, realizing how important the preconditioning of athletes is to their overall success.

Working under the likes of Jason Webber, Daniel Zaknich and their accompanying peers was an experience that cannot be taken for granted. Being exposed to the wealth of knowledge that these Sport Science professionals have with being at the pinnacle of elite sport within Australia was certainly an experience that taught me what my future could hopefully involve.

Representatives from Fremantle Football Club have provided glowing feedback about the four ESRS students that had been on Prac there over summer—Jaryd Blakiston, Stuart Chesher, Harrison Gillot and Madison Simon. The FFC were so impressed with Harrison that they have invited him to complete an internship with them!

However daunting the opportunity seemed at first, it was quickly replaced with a comfortable confidence to fully involve myself in each session with how welcoming and educative the sporting department was at Fremantle. They taught us how to act with upmost professionalism — everything that simply reading papers cannot provide. This practical element has been invaluable.

On behalf of myself and the other students involved, we would like to thank the Fremantle Football Club, Curtin University, Jessica Colliver and anyone else involved in providing us with the chance to immerse ourselves in this incredibly rewarding experience and I highly encourage any future student to take the opportunity of this placement if offered.
<table>
<thead>
<tr>
<th>Student</th>
<th>Project title</th>
<th>Supervisors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Briarly Baker</td>
<td>Non-traumatic musculoskeletal pain in Western Australian Emergency Departments: presentations, prevalence and practice gaps</td>
<td>Dr Ivan Lin, Mr Rob Waller, Professor Roger Goucke and Professor Peter O’Sullivan</td>
</tr>
<tr>
<td>Raphaelle Bruckmann</td>
<td>Validity of new method for testing conditioned pain modulation</td>
<td>Dr Penny Moss and Prof Tony Wright</td>
</tr>
<tr>
<td>Chun Ming Chan</td>
<td>Walking performance, ease of use and safety of an assistive powered exoskeleton</td>
<td>Dr Sue Morris, Dr Sian Williams, Dr Lei Cui (Engineering) and Associate Professor Kevin Netto</td>
</tr>
<tr>
<td>Ashlee Cook</td>
<td>Monitoring exercise intensity during physiotherapy sessions using session-rating of perceived exertion, in individuals with burn injuries</td>
<td>Dr Tiffany Grisbrook, Dr Carly Brade and Associate Professor Dale Edgar (Senior Physio-therapist, Burns Unit, FSH)</td>
</tr>
<tr>
<td>Samantha Crute</td>
<td>What is the relationship between peak-passive and functional wrist range of movement in children with cerebral palsy and typically developing children?</td>
<td>Dr Sian Williams, Dr Tiffany Grisbrook, Dr Catherine Wild</td>
</tr>
<tr>
<td>Rebekha Duncan</td>
<td>Does static turnout correlate with dynamic turnout in young dancers?</td>
<td>Dr Leo Ng, Ms Danica Hendry, Dr Catherine Wild and Dr Luke Hopper (ECU)</td>
</tr>
<tr>
<td>Peter Edwards</td>
<td>Why do boys drop out of organized sports: a mixed method study</td>
<td>Dr Leo Ng, Dr Beatriz Ito Ramos De Oliveira, Dr Erin Howie and Dr Sian Williams</td>
</tr>
<tr>
<td>Su Wen Jolyn Ee</td>
<td>Sit-stand desks in children – a feasibility study</td>
<td>Dr Sharon Parry and Dr Erin Howie</td>
</tr>
<tr>
<td>Kristin Eu</td>
<td>The association between spatial navigation strategies and autistic traits in university students</td>
<td>Dr Sue Morris, Dr Cecilia Xia, Professor Torbjorn Falkmer, Associate Professor Sonya Girdler and Associate Professor Tele Tan</td>
</tr>
<tr>
<td>Ashleigh Germain</td>
<td>Outcomes of adaptive bungy trampolines for children with physical disabilities</td>
<td>Dr Sian Williams (Curtin University), Dr Marie Blackmore (The Centre for Cerebral Palsy) and Dr Noula Gibson (The Centre for Cerebral Palsy)</td>
</tr>
<tr>
<td>Ryan Lian</td>
<td>Absenteeism and presenteeism amongst adults with cystic fibrosis in Western</td>
<td>Associate Professor Kylie Hill; Dr. Vin Cavalheri, Professor Leon Straker, Mr Jamie Wood, SCGH, Associate Professor Sue Jenkins, SCGH</td>
</tr>
<tr>
<td>Marlon Mascarenhos</td>
<td>Falls risk assessment for older people presenting to Emergency Departments after a fall</td>
<td>Dr Elissa Burton (Curtin University), Professor Keith Hill (Curtin University), Associate Professor Anna Barker (Head of the Health Services Research Unit, Monash University)</td>
</tr>
<tr>
<td>Laura Sullivan</td>
<td>Effect of load carriage on side-step cutting manoeuvres</td>
<td>Associate Professor Kevin Netto, Dr Sue Morris and Mr Bernard Liew</td>
</tr>
<tr>
<td>Elena Guo Yuen Ming Tsou</td>
<td>An investigation of the relationship between academic performance as a predictor of clinical placement performance in Physiotherapy entry-level students</td>
<td>Mr Peter Robinson, Associate Professor Kathy Briffa and Mr Alan Reubenson</td>
</tr>
</tbody>
</table>
Visit to Chengdu with PVC

In January, Head of School, Keith Hill joined the Faculty Pro Vice Chancellor (Professor Michael Berndt), Faculty Dean of International Program (Professor Celia Cornwell) and Head of the School of Nursing, Midwifery and Paramedicine (Professor Phill Della) for a brief visit to Sichuan University and West China Hospital, in Chengdu, China.

The Faculty has identified the collaboration with Sichuan University / West China Hospital as a priority over the past several years, and there have been some collaborative activities including staff exchange, and joint PhD opportunities that have commenced, particularly involving the School of Biomedical Sciences, and School of Nursing.

During this brief visit, meeting were held with senior staff in the Allied Health group, to ascertain potential areas of joint interest, that could be explored for activity with the School of Physiotherapy and Exercise Science at Curtin University.

Professor Keith Hill will be spending the last two weeks of his current Approved Study Program at Sichuan University and West China Hospital, to further explore opportunities the School may be able to be involved in.

Approved Study Leave

Professor Keith Hill

Keith is currently on the second component of his Approved Study Program. This involves spending time at National Cheng Kung University (Taiwan), and then will also involve time at Hong Kong Polytechnic University, and Sichuan University in Chengdu, China, in April.

Keith is currently at National Cheng Kung University in Tainan, Taiwan. Tainan is city with strong history, and was previously the capital of Taiwan (now Taipei is the capital). National Cheng Kung University (NCKU) is one of four national universities in Taiwan, is the fourth highest ranking university on the QS World University Ranking in Taiwan, and ranks 224 worldwide in 2015-16.

Physiotherapy is a relatively small program at NCKU. Keith is spending four weeks at NCKU with Head of the School of Physical Therapy, Professor Sang-I Lin, who is a researcher with a focus on falls prevention and ageing. During the visit so far, he has presented to the graduate research students and staff, met with HDR students and post docs to discuss research topics, met with undergraduate students to discuss physiotherapy opportunities in Australia, and undertaken some collaborative research paper writing with Professor Lin.

Above: PVC Professor Michael Berndt with Professor Jing-Qiu Cheng from West China Hospital, together with a souvenir celebrating the Chine New Year and Year of the Monkey.

Above right: Professor Keith Hill with a gift scroll presented to the School by Professor Hongchen He (Director, Rehabilitation Medicine Centre), Professor Lin Yang (Head of Physical Therapy, School of Rehabilitation Sciences), and Professor Yonghong Yang (Vice director, Rehabilitation Medicine Center).

‘Brilliant and unlimited development in life’.


Campbell A. Preparing for practice: Student engagement, leadership and the development of a professional identity. A social work example. In, Student Engagement: Leadership Practices, Perspectives and Impact of Technology; 2015:45-68


Nampo FK, Cavalheri V, Ramos SP, Camargo EA. Effect of low-level phototherapy on delayed onset muscle soreness: a systematic review and meta-analysis. Lasers in Medical Science: 31 (1),165-177 http://dx.doi.org/10.1007/s10103-015-1832-4


Foong RE, Hall GL. Can we finally use spirometry in the clinical management of infants with respiratory conditions? Thorax. 2016: 71(3), 206-207


Thomas R, Jenkins S, Cecins N, Justine M, Hill K. Regression equations to estimate the two-minute walk distance (2MWD) in Malaysian adults aged 40 to 75 years. Respirology: 20,112-112


Moss P, Knight E, Wright A. Subjects with knee osteoarthritis exhibit widespread hyperalgesia to pressure and cold. PloS one: 11 (1),e0147526-e0147526 http://dx.doi.org/10.1371/journal.pone.0147526


******************************

Research Management System

Curtin will transition to an improved electronic research management system and joins a number of Australian and international universities currently using InfoEd. The whole project will take place over three years and implement an electronic system for researchers for application and management of compliance matters related to human ethics, animal ethics, clinical trials and research safety. The first module to be implemented is Human Research Ethics. This module has a go-live date in early in 2016.

Make tomorrow better. Physiotherapy.curtin.edu.au

© Curtin University, School of Physiotherapy & Exercise Science Quarterly Newsletter March Edition 2016
School staff are Chief Investigators on two new Healthway grants:

1. **Keith Hill and Elissa Burton** are working with a team (including staff from the School of Psychology and Speech Pathology) on ‘Promoting walking, less sitting and better mental health in older adults’. They were successful in their application for a grant for $252,421.

2. **Leon Straker** and his team are working on ‘Computer-tailoring to change overweight adults’ diet and physical activity’. Their grant for $419,694 will run from 2016 to 2019.

**Congratulations to everyone involved.**
Dr. Guy Zito presented to the School’s Alumni members on ‘The Temporomandibular Joint Demystified’ on Friday, 19 March.

Dr. Zito is a well known academic and clinician from Melbourne, having worked as the coordinator for the Master of Physiotherapy coursework programs at University of Melbourne and La Trobe University over the last 2 decades. The topic on the temporomandibular joint (TMJ) was very popular amongst our Alumni members and the lecture evening was well attended.

The role of physiotherapy in the management of TMJ conditions is growing, however, many physiotherapists feel they do not have enough knowledge or the understanding of this joint to manage patients with TMJ conditions adequately. Dr. Zito delivered a talk that very clinically useful and has given the audience a much better understanding of the joint.

Many attendees also stayed back after the presentation for some networking. We look forward to having more presenters present for our Alumni later this year.

Andrew Lavender was the third top author from Curtin for “The Conversation” for February and top from the Faculty of Health Science .

His article on “Why our muscles twitch sometimes” attracted 17,265 readers and 15 comments. The full article can be read on: http://theconversation.com/explainer-why-do-our-muscles-twitch-sometimes-53730
2015 Student Awards

The Student Awards Ceremony was held on Tuesday, 16 February in the Tim Winton Lecture Theatre, followed by refreshments.

Students who have excelled in various elements of the School’s courses in 2015 are recognised with these awards.

This year the School of Physiotherapy and Exercise Science welcomed two new sponsors to the Awards - Australian Medical Supplies (AMS) and Worksite Fitness and Rehabilitation who sponsored a number of ESRS awards. The APA also sponsored a new award - Sports Physiotherapy Australia Prize.

Congratulations all Award winners.

Eleanor Andrew (below left) was presented the IO Thorburn Prize for the first year Physiotherapy student with the highest results in Anatomy.

Rachel Moles (above right) was presented with the Australian Physiotherapy Association (WA Branch) Prize for the first year Physiotherapy student with the highest results.

Jonathan Narayanan (below left) was presented the School of Physiotherapy and Exercise Science Award for the first year Exercise, Sports and Rehabilitation Science student with the highest results.

Sheridan Panayotou (above right) was presented the LifeCare Award for the second year Physiotherapy student with the highest results in Musculoskeletal Physiotherapy.

Ashley Coleman (below left) was presented with the Australian Physiotherapy Association (WA Branch) Prize for the second year Physiotherapy student with the highest results.

Dannie Butcher (above right) was presented with the School of Physiotherapy and Exercise Science Award for the second year Exercise, Sports and Rehabilitation Science student with highest results.

Annissa Harwood (below left) was presented with the Continence and Women’s Health Physiotherapy Australia (WA Chapter) Prize for the third year Physiotherapy student with the highest results in the Gender Health Issues subject of Lifespan Health Science.

Kayla Pomery (above right) was presented with the Musculoskeletal Physiotherapy Australia (WA Chapter) Prize for the third year student with highest Musculoskeletal Physiotherapy results.

Melissa Newton (below left) was presented with the Cardio-respiratory Physiotherapy Australia (WA Chapter) “Jane Kinging” Prize for the third year Physiotherapy student with the highest results in Cardiopulmonary Science.

Tiffany Illingworth (above right) was presented with the APA Gerontology Physiotherapy Australia (WA Chapter) Prize for the third year Physiotherapy student with the highest results in the Gerontology subject of Lifespan Health Science.

Make tomorrow better. Physiotherapy.curtin.edu.au

© Curtin University, School of Physiotherapy & Exercise Science Quarterly Newsletter March Edition 2016
2015 Student Awards Continued

Louisa Hillwood (below left) was presented with the National Neurology Group (WA Chapter) of the Physiotherapy Association Prize as third year Physiotherapy student with highest results in Neuroscience.

Andrew Tomich (above right) was presented with the Australian Medical Supplies Biomechanics Award for the ESRS student with highest combined mark for Biomechanics over all years.

Morgan Farinosi (below left) was presented with the Worksite Fitness and Rehabilitation Exercise and Sports Psychology Award for the ESRS student with the highest combined mark for Psychology over all years.

Ken Nakama (above right) was presented the National Paediatric Special Group (WA Chapter) Award for the fourth year Physiotherapy student demonstrating enthusiasm for paediatric physiotherapy, innovative practice and a strong theoretical knowledge in the completion of a self-directed placement.

Naomi Michael (below left) was presented the Physiotherapy Business Australia (WA Chapter) Prize for the fourth year physiotherapy student with the highest results in Physiotherapy Leadership.

Wei Shan Winnie Tan (above right) was presented the International Award as the student with high results and contribution to the welfare of international students and to the international Curtin environment.

Lottie McFadden (unable to attend) won the Therapy Focus Award for the Entry-Level Programs student with the highest marks in paediatrics.

Jessica Willis (unable to attend) won the Thom Reed Prize for Chronic Disease Management for the student achieving the highest mark for Chronic Disease Management assessment in Integrated Physiotherapy Management.

Nicole Herdman (unable to attend) was presented with the Australian Medical Supplies Motor Control and Skill Acquisition Award for the ESRS student with highest combined mark for Motor Control and Skill Acquisition over all years AND Australian Medical Supplies Motor Exercise Physiology Award for the ESRS student with highest combined mark for Exercise Physiology over all years.

Thomas Horne (below left) was presented with the Physiotherapy Research Foundation Prize for the Honours student with the highest overall score AND Was joint winner with Kirsten Edwards (below right) for the Australian Physiotherapy Association (WA Branch) Marcus (Joe) Rosen Prize for the graduate with the best clinical results.

Janine Murray (below left) and Kim Tyson (unable to attend) won the LifeCare Award for the Master of Physiotherapy graduate with the highest clinical results.

Jacqueline Hickey (above right) was presented the National Physiotherapists in Leadership and Management Group (WA Chapter) Prize for the student with the highest combined results in the Leadership Assessments in Integrated Physiotherapy Management.
2015 Student Awards Continued

Nathan Stephens (below left) was presented the School of Physiotherapy and Exercise Science Prize for the best Honours presentation for the year for: “The effects of taping on ankle and knee biomechanics during basketball specific task”.
Supervisors: Dr Leo Ng, the late Associate Professor Diana Hopper, Dr Sian Williams and Dr Catherine Wild.

Amy Leiper (above right) was presented the School of Physiotherapy and Exercise Science Award for the second year Master of Physiotherapy student with the highest results.

Kate Shaw (unable to attend) won the School of Physiotherapy and Exercise Science Award for the first year Master of Physiotherapy student with the highest results.

Kelly Ashton (unable to attend) won the Continence and Women’s Health Physiotherapy Australia (WA Chapter) Prize for the top graduating student in the Graduate Certificate in Clinical Physiotherapy (Continence and Women’s Health) Course.

Erin Nugent (below left) was presented the Max Zusman Award for the Postgraduate student with the highest mark in the unit Advanced Management of Pain Disorders.

Martin Rabey (unable to attend) won the Elsevier Book Prize for the Masters or Doctoral student publishing the best article in a Scientific Journal. Helen Slater (above right) accepted the award on Martin’s behalf.

“Somatosensory nociceptive characteristics differentiate subgroups in people with chronic low back pain: a cluster analysis.” Authors. Martin Rabey, Helen Slater, Peter O’Sullivan, Darren Beales and Anne Smith. Journal: PAIN 156 (2015), Pages 1874 - 1884

Emma Sulley (below left) was awarded the Musculoskeletal Physiotherapy Australia (WA Chapter) “Brian Edwards” Prize for the Master in Manipulative Therapy student with the best clinical results.

Lara Stockil (above right) was presented with the Continence and Women’s Health Physiotherapy Australia (WA Chapter) Prize for being the top graduating student in the Continence and Women’s Health Major of the Master of Clinical Physiotherapy Course.

Peter Gangemi (below left) was presented the School of Physiotherapy and Exercise Science Award for the graduating ESRS student whose results, attitude, knowledge and work practices embodies the aims and philosophy of the School.

Caillin Gibson (above right) was presented with the Emeritus Professor Joan Cole Prize for the most outstanding Bachelor of Science (Physiotherapy) graduate.

Rebecca Barrett-Lennard was presented with the Emeritus Professor Joan Cole Prize for the most outstanding Master of Physiotherapy graduate.

Make tomorrow better. Physiotherapy.curtin.edu.au
2015 Student Awards Continued

The APA introduced a new award in memory of the late Associate Professor Diana Hopper for her contribution to the profession - Sports Physiotherapy Australia Prize.

Renee Calder was awarded the inaugural Sports Physiotherapy Australia (WA Chapter) “Diana Hopper” Prize for the Master in Sports Physiotherapy student with the best clinical results.

We would like to thank all to our sponsors - those who have supported our awards over many years:

- Australian Physiotherapy Association (and special interest groups)
- LifeCare
- Therapy Focus
- Elsevier
- Penny Moss and Sara Carroll

And welcome to our newest sponsors:

- Australian Medical Supplies
- Worksite Fitness and Rehabilitation.

Below: All award winners, sponsors and presenters.

Ten Year Anniversary

Five staff achieved 10 years of service at Curtin in 2014 and 2015:

- Penny Moss - 9 August 2014
- Michelle Kendell - 14 January 2015
- Robyn Fary - 14 February 2015
- Anne Smith - 26 April 2015
- Trudi Fischer - 1 August 2015

The School held an informal staff get-together on Thursday, 18 February to recognize their achievement and present their awards from the University.

Congratulations to all on their excellent service to Curtin over ten or more years.

Australian Pain Society Meeting

Pain: Meeting the Challenge

The 2016 Australian Pain Society 36th Annual Scientific Meeting, “Pain: Meeting the Challenge” was held from 13 to 16 March at the Perth Convention and Exhibition Centre.

This is the only multidisciplinary conference in Australia offering insights into the complex nature of pain management from a variety of medical, nursing and allied health perspectives. The extensive conference program focused on key topics including brain pain, immune stressors, acute pain, chronic pain, opioids, neuromodulation, emerging interventional techniques, paediatrics, physiotherapy and psychology.

Associate Professor Helen Slater was the Local Organising Committee Convenor. Helen and Associate Professor Andrew Briggs were plenary speakers, presenting on their program of translational research around models of care for musculoskeletal pain conditions.

Make tomorrow better. Physiotherapy.curtin.edu.au

© Curtin University, School of Physiotherapy & Exercise Science Quarterly Newsletter March Edition 2016
**International Event**

The International event was held on Thursday, 16 March to welcome students to Curtin. A fun night was had but all with some good laughs (topped by Kate Smith’s admission that she can’t cope with people vomiting, but loves sputum!).

**Leon Straker takes on Morocco**

Leon and his son Guy, who finished Year 12 in December, decided it would be a good idea to spend two weeks cycling from Marrakesh over the Atlas mountains and out to the Sahara.

Apart from the obvious hardships, they encountered dramatic scenery, extreme differences in culture and, on their return, an enhanced appreciation of the lucky lottery of life in Perth!

**Living Longer Living Stronger Launch**

The launch of Living Longer Living Stronger program was a huge success. Over 40 local Seniors attended the launch of the progressive strength training program that will help them attain a better and longer quality of life.

Head of School, Professor Keith Hill was joined by Mayor of Victoria Park, Trevor Vaughan, to officially open the service at Curtin, which has been helping Western Australian Seniors since 2004.

COTA WA’s Active Ageing Manager, Phil Airey and Professor Emeritus Bob Ziegler explained how the program can help manage conditions such as osteoarthritis, osteoporosis, type 2 diabetes, muscle loss, and even cognitive decline. Lead Instructor Debbie Cooper then took the Seniors on a tour of the state-of-the-art and friendly facilities which will host them.

Living Longer Living Stronger is unique in creating individually tailored programs using each person’s medical and prescription history for optimum results, which then take place in a fun group setting. The program at Curtin will also be used to introduce Physiotherapy and Exercise Science students to working with Seniors – increasing the knowledge base of new practitioners in Western Australia.

If you would like to be involved in Living Longer Living Stronger at Curtin University or to find out more information about the program, you can contact COTA WA on 9472 0104.
Annual Staff V Student Soccer Tournament  
By Leo Ng

The School staff were once again challenged by the students in a soccer tournament, which was held on Friday, 18 March. The international star studded staff team consisted of: Daniel Gucciardi (Italy), Vin Cavalheri (Brazil), Pieter Coenen (Netherlands), Alan Reubenson (South Africa), Richard Wright (England), Leo Ng (Hong Kong), Andrew Lavender (Kalgoorlie/Japan), Carly Brade (Borden WA), Sarah Stearne (England), Beatriz De Oliveira (Brazil/USA/Japan), Kevin Netto (Maylaysia) and team manager/physiotherapist from Bronwyn Smith (Perth).

Using evidence based practice from sports psychology, exercise physiology, biomechanics and physiotherapy disciplines, it was not surprising that the staff team won their first two games convincingly against an ESRS representative team and the Physio GEMS team. News spread quickly of the success of the staff team, it wasn’t long before a crowd gathered (thanks Anne, Kathy, Kerry and Alan’s family for your support) and all the other 10 student teams were eager to challenge the staff team.

The team displayed occasional brilliance; one-two passes between Vin and Alan; the individual dribbling skills of Pieter; brilliant passes from Carly to Daniel; Richard falling without any righting reactions; the defensive effort from Kevin and Andrew; Bea and Sarah being the enforcers to protect the team and balls hitting the goal keeper’s (Leo) face that almost look like he made some spectacular saves, and most importantly the cut oranges and lollies provided from Bronwyn. We almost acted like a full soccer team.

At the end of the night, the staff team won three games and lost three games. No doubt some staff will hear a little banter from the students that beat them. But, once again, a very enjoyable night, and great to see more than 100 students playing or supporting the teams. We want to thank Therapy Student Association for organising the event, and we hope to have more sports event between staff and students.

Australia V Great Britain Women’s Hockey at Curtin

Keith Hill and Kevin Netto attended the Australia versus Great Britain Women’s Hockey game at Curtin on Saturday, 20 February. They were able to lend their support to the Hockeyroos with their win over Great Britain 3-2.

Men’s Olympic Hockey Team

The Physiotherapy and Exercise Science students have started a volunteering massage service to the Kookaburra’s. This is a great opportunity for the students and the team.

Leo Ng conducted refresher courses prior to the first session to upskill students on massaging elite athletes.

Positive feedback has been received from Brendyn Appleby (Strength and Conditioning Coach):

- students took direction well from the players regarding pressure
- were able to identify tight spots that required attention
- exhibited good table manners

Future massage session are also planned. Well done to all the students who participated.
ALLIED HEALTH SURVEY

FLINDERS UNIVERSITY

Views and Experiences of Allied Health Professionals about Palliative Care Flinders University is conducting a study about Allied Health professionals’ views and experience of palliative care.

Allied health professionals are invited to participate in a short online survey. Details on the research project and a link to the survey can be found below:

Research Invitation Letter
Allied Health Palliative Care Survey Information Sheet
Link to the survey

SPECIAL NOTICE

The 2016 Relay for Life is being held over the weekend of Saturday 30 April and Sunday 1 May.

We are after volunteers to assist with the event — staff, students, friends and family interested in making a difference in the community and supporting the fight against cancer.

If you can spare some time to help, please call Rosette on 9266 4644 or email: marcina.cortereal@curtin.edu.au