Participant Information Sheet- Mental Health Professionals

Project Title: Mental health service cultures and reform aspirations: What is required for change?

Project Summary: You are invited to participate in a research study being conducted by Sophie Ridley, a PhD Candidate at Curtin University, under the supervision of Dr Robyn Martin, Dr Christina Fernandes and Lyn Mahboub. This study seeks to understand how mental health service cultures are experienced and understood by consumers, families and professionals. This study is focused on the ways in which service cultures can act as a barrier for change and reform in mental health services.

You are invited to participate in the research as an individual – not an organisational representative. While your responses will be based on your professional experience, this may span work in a number of mental health organisations and programs. The research is not examining specific organisational cultures; rather mental health service cultures in a general and broad sense.

How is the study being paid for? The project is funded by Curtin University Higher Degree by Research program and supported by an Australian Government Research Training Program Scholarship.

What will I be asked to do?
Taking part will involve participating in one interview in person, or via telephone or Skype. You will be asked questions about your recent experiences of mental health services and your views about mental health service cultures. The interview will take between 50-90 minutes.

If you agree, the interview will be audio-recorded. If you chose to not have the interview recorded, notes will be taken. A summary of the interview will be sent to you within two weeks after the interview. You are invited to make changes and provide feedback so that it is an accurate reflection of your thoughts and experiences. The interview will take place at a time and location convenient for you.

You will also be asked if you would like to be added to a project database to receive project updates and an invitation to be involved in providing feedback on the overall findings of the project. This will include participation in a focus group, or you can provide written feedback via email.

Who can take part?
- If you are a mental health professional, including managers working in inpatient or community services (government or non-government or other mental health specific services such as residential, legal, psychosocial).
- If you have experience working in mental health services within the past five years
- You are aged 18 years and older

It is your choice to take part
Participation is entirely voluntary and you are not obliged to be involved. If you choose to participate, you can withdraw at any time before data analysis commences, without giving reason.
Once data analysis begins, the information you have provided will have been de-identified and broken into themes, and will be difficult to remove from the data.

If you do decide to withdraw, simply contact the researcher by telephone or email and say that you would like to withdraw. Any information that you have supplied will be deleted: this includes the audio-recording and the written interview transcript.

**Your participation will be anonymous**
This research is anonymous. The researchers are the only people who will have access to the research notes and transcripts from interviews. All results will be de-identified. This means that no information that identifies you will be included in results or publications.

**How will the information be used?**
The information collected in interviews will be combined with information collected from other participants, such as consumers and families, and used to produce research findings. These research findings will be written into a thesis and published in academic articles. Quotes from the interview may be used when the findings are published but they will be presented in a way that does not identify you. The results will also be written into summary sheets to enable people who are not researchers to read and know about the study. These results will also be presented at public presentations. If you decide to be added to the project database, you will be invited to discuss how best to share the research findings.

**How will your information be stored?**
During the study data will be stored on a password protected computer at Curtin University that only the researchers can access. After the study is completed, electronic data will be stored in a secure file on a password locked computer and locked cabinet in the research supervisor’s office at Curtin University, Perth. This data will be kept for seven years and will then be destroyed.

**Are there any risks to taking part?**
The researcher conducting interviews has a strong commitment to partnering with professionals, and understanding the experiences and contexts in which you work. It is acknowledged that interviews about mental health service culture may evoke contentious discussions and have the potential to result in professionals feeling vulnerable and exposed in relation to what you share. The researcher will ensure anonymity and privacy throughout all data collection activities and attention will be given to ensuring the research process is open and transparent, and based on a partnership.
As mentioned above, you will be sent a summary of the interview in which you will be invited to provide feedback or amendments to the researcher interpretations of the interview. Results will be reported carefully to ensure individuals will not be identifiable within any research findings or publication.

**What happens next and who can I contact about the research?**
If you would like to participate in this research please contact:
Sophie Ridley
**Email:** sophie.ridley@postgard.curtin.edu.au
**Phone:** 0439 933 468

Professional Information and Consent Form_270717_V2
If you agree to participate in this study, you will be asked to sign the Participant Consent Form. The information sheet is for you to keep and the consent form is retained by the researcher/s.

Can I tell other people about the study?

Yes, you can tell other people about the study by showing them the advertisements, or by providing the researcher’s contact details. They can contact the researcher by email on sophie.ridley@postgrad.curtin.edu.au or phone 0439 933 468 to discuss their participation in the research project and obtain a copy of the information sheet.

What if I have a complaint?

If you have any complaints or reservations about the ethical conduct of this research, you may contact a Curtin University Ethics Officer on (08) 9266 9223 or the Manager, Research Integrity on (08) 9266 7093 or email hrec@curtin.edu.au.

Researcher contact details

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<thead>
<tr>
<th>Sophie Ridley</th>
<th>Dr Robyn Martin</th>
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<tbody>
<tr>
<td>PhD Candidate</td>
<td>Director of Research; Senior Lecturer</td>
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<td>School of Occupational Therapy, Social Work and Speech Pathology</td>
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<td>+61 0439 933 468</td>
<td>+61 8 9266 2756</td>
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<td>Email</td>
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<tr>
<td><a href="mailto:Sophie.ridley@postgrad.curtin.edu.au">Sophie.ridley@postgrad.curtin.edu.au</a></td>
<td><a href="mailto:r.martin@curtin.edu.au">r.martin@curtin.edu.au</a></td>
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<tr>
<th>Dr Tina Fernandes</th>
<th>Ms Lyn Mahboub</th>
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<tr>
<td>Course Coordinator and Lecturer</td>
<td>Lived Experience Academic Clinical/Professional Fellow: Lecturer</td>
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<tr>
<td>Department of Social Work</td>
<td>School of Occupational Therapy, Social Work and Speech Pathology</td>
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<tr>
<td>School of Occupational Therapy, Social Work and Speech Pathology</td>
<td>Faculty of Health Sciences</td>
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<td>Faculty of Health Sciences</td>
<td>Curtin University</td>
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<td>Curtin University</td>
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<td><a href="mailto:c.fernandes@curtin.edu.au">c.fernandes@curtin.edu.au</a></td>
<td><a href="mailto:L.Mahboub@curtin.edu.au">L.Mahboub@curtin.edu.au</a></td>
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Curtin University Human Research Ethics Committee (HREC) has approved this study (HREC number HRE2017-0654). Should you wish to discuss the study with someone not directly involved, in particular, any matters concerning the conduct of the study or your rights as a participant, or you wish to make a confidential complaint, you may contact the Ethics Officer on (08) 9266 9223 or the Manager, Research Integrity on (08) 9266 7093 or email hrec@curtin.edu.au.
Consent Form

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<th>Title</th>
<th>Mental health service culture and reform aspirations: What is required for change?</th>
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<tr>
<td>Coordinating Principal Investigator/ Principal Investigator</td>
<td>Dr Robyn Martin</td>
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| Associate Investigator(s) | Sophie Ridley  
Dr Tina Fernandes  
Ms Lyn Mahboub |

Declaration by Participant

I have read the Participant Information Sheet or someone has read it to me and I understand its content.

I understand the purposes, processes and risks of the research described in the project.

I have had an opportunity to ask questions and I am satisfied with the answers I have received.

I freely agree to participate in this research project as described and understand that I am free to withdraw at any time during the project without affecting me in anyway.

I understand that I will be given a signed copy of this document to keep.

Name of Participant (please print) ______________________________________________________
Signature ___________________________________________ Date ____________________________

Declaration by Researcher

I have given a verbal explanation of the research project, its procedures and risks and I believe that the participant has understood that explanation.

Name of Researcher ________________________________________________________________
Signature ___________________________________________ Date ____________________________