CHALLENGES FOR FUTURE HEALTH PROFESSIONALS: NEPAL PERU THAILAND

THE ESSENTIALS

Use your passion and skills in health to make a lasting impact in a developing community while consolidating your skills as part of an unforgettable experience.

Suitable for all health disciplines: Public Health, Health Promotion, Nursing, Para-Medicine, Medicine, Physiotherapy, Occupational Therapy, Pharmacy, Nutrition, Exercise, Sports and Rehabilitation Science, Social Work, Psychology, Speech Pathology and others.

Nepal Health Promotion
30th November to 14th December 2019

Peru Health Promotion
30th November to 14th December 2019

Thailand Health Promotion
6th July to 20th July 2019
23rd Nov to 7th Dec 2019

Thailand Paramedic and Nursing Challenge
6th July to 20th July 2019
18th January to 1st February 2020

Project Days: Monday to Friday (weekends free to travel and explore)

Cost: $2050 (see cost inclusions on next page)

Optional Extension ($800): Explore the best of each location for a week after your program

PROGRAM OVERVIEW

On these programs you will have the opportunity to become a global citizen as you are immersed in the local culture and community. Supported by our in-country team you will be working closely with local young people and the community to identify and address issues to improve their health and well-being.

We work on raising awareness on issues such as clean drinking water and sanitation, nutrition, first aid, personal hygiene, sexual & reproductive health and mental health.

Through these programs we aim to provide necessary life skills and knowledge to help the local people make informed decisions regarding their health and well-being. We challenge misconceptions regarding health and promote healthy lifestyle and behaviour.
FOR MORE INFORMATION

Email: roselynn@challengesabroad.com.au and/or goglobal@curtin.edu.au

WHAT'S INCLUDED? | WHAT'S NOT INCLUDED?
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• 24/7 in-country support | • Flights
• Full pre-departure preparation | • Visas
• Accommodation | • Vaccinations
• 3 meals a day (Mon to Fri) | • Travel insurance
• In-country transport & airport transfers | • Personal kit & equipment
• Challenges Abroad shirt | • Spending money

WHY SHOULD YOU JOIN?

This is a once in a lifetime opportunity to travel to a new area of the world and use your skills to make a positive impact on a disadvantaged community. Some of the benefits of joining this program include:

• Developing transferable skills such as teamwork, leadership, problem solving, communication and adaptability.
• A chance to travel to a community virtually untouched by tourism on a safe, structured program with 24/7 support.
• Stepping out of your comfort zone, exploring a new culture and seeing the world from a different perspective.
• Knowing that you are part of a well thought out program that will have a long-lasting and positive impact on both you and the community.

OUR CHARITY - THE FUTURESENSE FOUNDATION

Challenges Abroad Australia is a social enterprise that supports international development through our partner charity, The FutureSense Foundation. FutureSense has a team based in each program location year-round that not only supports participants throughout their program to maximise their impact, but ensures that our programs form part of a sustainable development plan that will benefit the community long-term.