

University Technology Sydney – Chiang Mai University

Public Health and Community Health in Chiang Mai in collaboration with Faculty of Public Health and Language Institute Chiang Mai University

Dates: 29 June – 18 July 2020

		Meals	Morning Session	Lunch	Afternoon Session	Evening Session
Sun	28 June	None	Arrival into Chiang Mai International Airport Meet and Greet and transfer to accommodation			
Mon	29 June	Lunch (L) Dinner (D)	09.00-09.30 Orientation & Welcome  09.30-10.30 Ice-breaking with CMU Buddies  10.45-12.00 Chiang Mai University campus tour	12.00-13.30 International Buffet Lunch with buddies	14.00-17.00 Chiang Mai Downtown Heritage Tour – students will have the chance to visit 2 of Chiang Mai’s most visited temples – Phra Singh and Chedi Luang temple. There will also be the chance to learn more about the history of Chiang Mai with a visit to the Culture and Lanna Museum	18.00-20.00 Kantoke Dinner and Cultural Performances – students will have the chance to sample traditional cuisine from northern Thailand
Tues	30 June	L	09.00-12.00 Introduction to Survival Thai Language – students will begin their short course aimed at providing communicative Thai language to assist them with their community health placements in week 2 and 3. Students will learn about pronunciation of Thai language which is a tonal language.  Students will study topics such as introductions, parts of the body, and numbers.	12.00-13.00 Traditional Thai Lunchbox	13.00-15.00 Field visit: Buddhism and Society – students will have the chance to visit a local temple and meet with an abbot to discuss the importance of religion and its integration in modern day society.	
Wed	1 July	L			13.00-17.00 Field visit: Doi Suthep, Phuping Palace and Doi Pui – rising 1600m above the city lies the highest temple in Chiang Mai city. Students will learn more about merit making activities after visit the royal retreat of the Thai monarchy before finally visiting an ethnic minority group at the peak of the mountain	
Thurs	2 July	L			13.00-15.00 Field visit: Maharaj Hospital, Faculty of Medicine, Chiang Mai University – students will have the chance to tour various wards of Chiang Mai’s largest government hospital which is operated by the Faculty of Medicine	
Fri	3 July	L			13.00-15.00 Field visit: RICD Institute of Child Development – Part of the Ministry of Health, this institute focuses on supporting students who suffer from learning disabilities.	
Sat	4 July	L	08.00-14.00 Elephant Mahout Training – students will have the opportunity to take care of their very own elephant for the day. This will include: feeding and bathing before take a short jungle ride	Free & Easy		

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Sun	5 July	None	Free & Easy		
Mon	6 July	None	Public Holiday – No Class		
Tues	7 July	None	<p>09.00-10.15 <b>Welcome to Public Health, Chiang Mai University</b> - (Prof. Emeritus. Dr. Suwat, Dean of Public Health) <b>and Orientation to the program</b> (Assoc. Prof. Dr. Waraporn)</p> <p>10.30-12.00 <b>Lecture: Health Promotion in Thailand</b> (Assoc. Prof. Waraporn)</p>		<p>13.00-14.30 <b>Lecture: Health Care Systems in Thailand</b> (Assoc. Prof. Nisit)</p> <p>14.45-16.00 <b>Lecture: Communicable Diseases (CD) and Non-Communicable Diseases (NCD) in Thailand</b> (Dr. Aksara)</p>
Wed	8 July	None	09.00-12.00 <b>Lecture – Principle concepts and process in community empowerment/health public policy</b> (Assoc. Prof. Dr. Waraporn)		13.00-16.00 <b>Field Visit - Health Community and Elderly Group Management, Ta-Kwang sub-district</b> (Assoc. Prof. Dr. Waraporn and Dr. Jukkrit)
Thurs	9 July	None	<p>09.00-10.15 <b>Lecture – Thai Traditional/Alternative medicine in Northern Thailand</b></p> <p>10.30-12.00 <b>Field Visit – Alternative Health Medical Centre, Saraphi district</b> (Dr. Jukkrit and Dr. Aksara)</p>		13.00-16.00 – <b>Field Visit – Saraphi Bornorn Pattana Rehabilitation Centre</b> (Dr. Jukkrit and Dr. Aksara)
Fri	10 July	None	<p>09.00-10.15 <b>Lecture – Role of Health Volunteers, Monk and NGO in Thailand</b> (Prof. Emeritus. Dr. Suwat)</p> <p>10.30-12.00 <b>Field Visit – HIV Centre</b> (Location to be confirmed) (Assoc. Prof. Dr. Waraporn and Dr. Aksara)</p>		<p>13.00-16.00 <b>Field Visit – Temple in San Patong, Chiang Mai</b> (Location to be confirmed) (Assoc. Prof. Dr. Waraporn and Dr. Aksara)</p> <p>17.00-18.00 <b>Lecture: Orientation to Field Visit at Watchan Hospital</b></p>
Sat	11 July	L	08.00-18.00 <b>Field Visit: Doi Inthanon National Park</b> – students will have the chance to trek along the highest mountain ranges in Thailand at 2650m above sea level before reaching the summit at 2,695m. On the way down the mountain, students will visit on the most picturesque waterfalls before returning back to Chiang Mai.		
Sun	12 July	None	Free & Easy Day		

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Mon	13 July	L, D	4-day 3-night Field Study at Watchan Hospital (content and activities to be confirmed with Faculty of Public Health)	12.00-13.00 Traditional Thai Lunchbox	4-day 3-night Field Study at Watchan Hospital (content and activities to be confirmed with Faculty of Public Health)	
Tues	14 July	B, L, D				
Wed	15 July	B, L, D				
Thurs	16 July	B, L			Return back to Chiang Mai (time to be confirmed)	
Fri	17 July	D	Free & Easy		13.00-15.00 Wrap Up and Course Evaluation by Faculty of Public Health  16.00-17.00 Closing Ceremony at Language Institute Chiang Mai University – Certificate Presentation (with Dean of Public Health)	18.00-20.00 Farewell Dinner
Sat	18 July	None	Check-out of accommodation Transfer to Chiang Mai International Airport End of Program			