



Curtin University

THE CURTIN CHILD PSYCHOLOGY CLINIC

The Curtin Child Psychology Clinic provides a range of clinical psychology services by Clinical Psychology Trainees undertaking supervised advanced postgraduate training.

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Individual sessions

The trainee therapists are supported and supervised by a team of highly experienced, registered Clinical Psychologists to treat a variety of child/ adolescent and associated family problems including: depression, obsessive compulsive disorder and generalised anxiety.

Treatment is also available for children and adolescents experiencing low self confidence, separation anxiety, phobias, social competence, perfectionism and behavioural problems. The clinic also offers cognitive assessments for children with academic and learning difficulties, including for those with a diagnosis of ADHD.

Aussie Optimism Group programs

- *Feeling and Friends Group (5-8 year olds)*
This 10 week program focuses on early skills to do with recognising feelings in the self and others as a precursor for empathic development, the relationship between thoughts and feelings, and assertiveness.
- *Positive Thinking Skills Group (8-10 year olds)*
This 10 week group program focuses on emotional competence, and cognitive skills. The program assists children to identify their feelings and thoughts, to learn strategies to cope with fears, and teaches them how to relax and think rationally about situations. These skills enable children to be resilient and feel good about themselves.
- *Social Life Skills Group (10-12 year olds)*
This 10 week group program teaches children how to regulate their feelings, communicate effectively and solve interpersonal problems. Activities develop the child's confidence to use skills in a variety of contexts, including resisting peer pressure.

Fees *

Our fees are affordable.

Individual consultation	\$45
Group sessions	\$25
Cognitive Assessments	\$255 (includes report)

*Fees subject to periodic review.

You can find us in the Health and Wellness Centre, Building 404, Curtin University, on the Bentley campus.

For more information call **9266 1717** or visit healthsciences.curtin.edu.au/our-clinics/

Make tomorrow better.