Welcome to the first newsletter of 2019.

I was delighted to once again be able to MC our annual student awards which you can read more about inside this edition of the newsletter. We also celebrated on the same night the PhD graduations of two staff members, Dr Alison Thorpe and Dr JP Caniero.

The academic year has started well with our new postgraduate Master of Clinical Exercise Physiology (MCEP) course having a first intake of 22 students (above our projections for our initial cohort). In additional positive news, earlier this month we received notification that our application for Commonwealth Department of Education and Training funding through the Endeavour Mobility Grants Scheme was successful. This will be used to support ten of our MCEP students to undertake a four week practicum placement in Cambodia. We also received university approval for our new three year Doctor of Physiotherapy Extended Masters course which will replace our Master of Physiotherapy course from 2020. We have submitted an application for accreditation of this course and will have a site visit in July this year as a part of this process.

Finally we were pleased to hear the announcement that our new Head of School, Professor Linda Woodhouse, will be joining us at the beginning of July. Professor Woodhouse joins us from Canada and I’ll be keen to welcome her to the role and explain the importance of supporting the right AFL team on her arrival in Perth. There may be some debate within the School as to which team this might be, however I’ll be sure to correct any misconceptions she may have in this area.
New Staff

We have had three new staff members commence with the School this year.

**Peter Edwards** commenced a part time academic position to help in teaching in the new Master of Clinical Exercise Physiology course. Peter comes to us with a strong clinical background in Exercise Physiology, particularly in the Musculoskeletal area.

**Ray Seaby** is working on a fixed term position as Practicum Coordinator for the BSc (ESRS) course to cover Jess Colliver’s parental leave, as Emma Koontz finished up in December.

We are delighted to welcome **Ray Davey** back to the school in a full time fixed term position. He is also teaching into our Master of Clinical Exercise Physiology course. Ray is well known to us having assisted with teaching in our undergraduate Exercise, Sports and Rehabilitation Science course and in a Research Assistant position. Ray has hit the ground running in teaching in the Chronic Renal and Metabolic Conditions area.

10 Year Anniversary Celebrations

In our usual fashion, we celebrated **Liz Bainbridge** and **Darren Beale**’s ten year anniversary at Curtin with afternoon tea on Thursday, 28 March.

Turns out that Darren is the first person Peter Gardner spoke to when he arrived on campus to start his physiotherapy course back in 1989. With such a long association we expected a few funny or mildly incriminating stories about Darren’s time at Curtin but no, it appears those two have a gentleman’s agreement to keep schtum.

Tracy Redwood, on the other hand, has absolutely no qualms whatsoever about spilling the beans on her office mate and encouraged everyone who wanted to get the goss on what it’s really like to work with Bainbridge (as she is affectionately known) to contact her!
New Staff with a Collaborative Research Project

The School has partnered with Centre for Aboriginal Studies and commenced a Healthway funded project titled: The Ironbark Program – Older Aboriginal People standing tall and strong. This program will be running for the next two years in Perth and Bunbury with two Aboriginal community groups through our partnership with the South West Aboriginal Medical Service and North Metropolitan Health Service (Mental Health, Public Health and Dental Services). The program is one that was developed by Aboriginal researchers and older Aboriginal people in NSW and proved very successful there.

The program is being led by Professor Marion Kickett (CAS) and Professor Anne-Marie Hill (SPES) and, as part of the project, we warmly welcome two new staff members who have joined the team. Margaret Gidgup is a PhD student who will be conducting the research evaluation of the project with the support of the team and Karen Williams who is the Curtin Project Officer for the project, and they agreed to tell us a bit more about themselves:

Margaret Gidgup.

Hi I’m Margaret the PhD student and researcher for the Ironbark Program. I am a 60 year old mother, grandmother and great grandmother with 23 grand and great grandchildren. Yet you might ask why have I left study opportunities until I am 60? Good question, it is because all of my concerns and worries for my family have now settled down to a point where I can now focus on me and my needs and I always wanted to go back and study. This Ironbark PhD Study Program has been adapted from the NSW Ironbark Program and opened the door for me to return to study and research.

I completed a Bachelor of Applied Science in Community Health in 2008 here at Curtin University. I have worked mostly in the Health arena for the past 20 plus years, not only here in Western Australia but also NSW, Northern Territory, Kimberley, Pilbara, Gascoyne Murchison, Upper South West, Wheatbelt and the metropolitan regions throughout Australia.

All of the work roles that I have had in the past were about Aboriginal people and their health. I am not a physiotherapist, but I am honoured and privileged to be able to study with Dr Anne-Marie Hill and Dr Marion Kickett at both the School of Physiotherapy and Exercise Science and at the Centre for Aboriginal Studies.

This has been my dream to be able to do something that is going to have an everlasting impact on my countrymen and women and an impact that will change the course of Aboriginal people’s lives as they take up the challenge with us to be a part of a shared journey regarding health awareness, intervention and prevention that this Ironbark Program has to offer.

The positive outcomes are going to be huge not just for all those who are involved, but for me it will mean that I get to see and experience physiotherapists at work in Bunbury and Mirrabooka, and I get to join in with them throughout the exercise sessions. Later I get to collect data, people’s stories through yarning and, of course, socialising. I am so excited about the positive outcomes and possibilities for all involved at the end of this three year study period.

*Continued on next page ........*
Karen Williams. I am a very proud Noongar Woman born here in Perth. I grew up in Balga at a time when Aboriginal children were seen but not heard, so I grew up not knowing how to read or write until I was 22 years of age.

I began my journey into the workforce working with men, women and children, and also in prisons across Australia supporting our Aboriginal people including Redfern, Geelong, Armidale, Kempsey and Perth. I went onto working in Mental Health. I had the life experience and skills but I needed “that” piece of paper so off I went to Curtin University and through CAS I received my Associate Degree in Aboriginal Health.

For me, the Ironbark Project is one very important program for our Elders, and I am so happy to be a part of this team. We are losing our Elders but some things, like falls, can be prevented — we know once they fall it is all downhill from there, and we lose them. Our Ironbark program is one safe way to teach our mob the importance of strengthening leg muscles and balance to prevent falls and injuries, and by having access to free Physiotherapy, we are teaching them skills to help live longer and fulfilling lives, and have more time with their families.

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Building Collaborations in Brazil

John Curtin Distinguished Professor Keith Hill and Dr Elissa Burton travelled to Brazil as part of the FAPESP SPRINT grant. They presented to over 100 people, including geriatricians, allied health, psychology and nursing staff and students. The four presentations included current evidence on falls prevention, motivators and barriers to strength training and an all-day seminar teaching a group of geriatricians how to conduct a systematic review and meta-analysis.

Meetings were also held with Associate Professor Alessandro Jacinto and his two Masters students on the current health literacy project they are conducting with Associate Professor Chris Toye from the School of Nursing, Midwifery and Paramedicine and Associate Professor Sue Slatyer (Murdoch University). Elissa and Keith also caught up with physiotherapists and their students at two other universities in Sao Paulo, with the hope that future collaborations will result from this work.
IN PURSUIT OF EXCELLENCE

40 Under 40 Award Winners

We were pleased to hear a number of Curtin graduates were successful at the recent Western Australian 40 Under 40 Awards.

The two of the seven Curtin recipients were from the School:

♦ Hannah Mann
♦ **Shannon Simpson** (Adjunct Research Fellow)
♦ Alicia Curtis
♦ Bianca Sandri
♦ Donna Edwards
♦ Jared Fitzclarence
♦ **Jessica Ellison** (former graduate)
♦ Thomas Haines.

**Shannon Simpson** is an internationally recognised researcher at the Telethon Kids Institute and works closely with Graham Hall. **Jessica Ellison** is a former graduate, co-founded Life Ready Physio and launched Open House, a pro bono physiotherapy initiative.

You can read about all the award winners on: https://www.40under40.com.au/past-winners

More about Dr Shannon Simpson

**Shannon** was nominated for the Community, Social Enterprise or Not for Profit category in the 40 Under 40 Awards.

Working through the Telethon Kids Institute, her research is internationally unique, focussing on improving lung health outcomes for survivors of preterm birth. With more than 15 million babies born too soon each year (11% of the global population), her ultimate goal is to reduce the burden of lung disease after preterm birth—many face life-long consequences from devastating stays in the intensive care unit.

With a team of promising young researchers (currently two PhD students, one Honours student and three research assistants), her research has had a huge impact with uptakes in top journals, keynote presentations at national and international conferences and a field-weighted citation index of 7.44.

Since commencing her Postdoctoral Fellowship in 2010, Shannon has been awarded more than $2.5 million in research funding, numerous research prizes (exceeding $25,000) and was a 2018 recipient of the WA Department of Health New Independent Researcher Infrastructure Support Award which recognises outstanding new independent health and medical researchers.

In spite of two cancer diagnoses in the past ten years, Shannon’s commitment to her research and being the best she can be is inspirational -

♦ Writing her NHMRC Fellowship application whilst undergoing cancer treatment
♦ Not only learning to walk again after radical surgery, but achieving her black belt in Kali Sikaran (Filipino martial arts)
♦ Establishing a preterm community reference group and laying the groundwork for better therapies, clinical practice and follow-up
♦ Raising awareness and funds through Telethon Adventurers / Ride to Conquer Cancer and adopting mentoring roles for young adults with cancer

Shannon is a strong advocate for leaving the world a better place, giving back to the community and enabling others to do the same. The School is fortunate and proud to be collaborating with Shannon and look forward to more news as her career and research continues to develop.
2018 Student Awards

The School’s Student Awards Ceremony was held on Thursday, 14 February in the Lance Twomey Lecture Theatre. These awards recognise students who excel in various elements of the School’s courses. This year we were very pleased to welcome AAP Education as a sponsor to a new Masters graduate award and two Scholarships for final year students considering work in private practice.

Shania Smee (below left): School of Physiotherapy and Exercise Science Award for the first year Exercise, Sports and Rehabilitation Science student with the highest results.

Matthew Haddon (below right): LifeCare Award for the second year Physiotherapy student with the highest results in Musculoskeletal Physiotherapy.

Timothy Heydenrych (was unable to attend): APA Women’s, Men’s and Pelvic Health Group Australia (WA Chapter) Award for the third year Physiotherapy student with the highest results in the Gender Health Issues subject of Lifespan Health Science.

Gary Koh (below): APA Musculoskeletal Physiotherapy Australia (WA Chapter) Award for the third year student with highest results in Musculoskeletal Physiotherapy.

AND

APA Cardiorespiratory Physiotherapy Australia (WA Chapter) “Jane Kening” Award for the third year Physiotherapy student with the highest results in Cardiopulmonary Science

AND

APA National Neurology Group (WA Chapter) Award as third year Physiotherapy student with the highest results in Neuroscience.

AND

Therapy Focus Award for the Entry-Level Programs student with the highest marks in Paediatrics.

Matthew Haddon and Benjamin Harris (below left): Australian Physiotherapy Association (WA Branch) Award for the second year Physiotherapy student with the highest results.

Lucia Caravia (below right): School of Physiotherapy and Exercise Science Award for the second year Exercise, Sports and Rehabilitation Science student with the highest results.

Hui Pak Long (below): IO Thorburn Award for the first year Physiotherapy student with the highest results in Anatomy.

AND

Australian Physiotherapy Association (WA Branch) Award for the first year Physiotherapy student with the highest results.
2018 STUDENT AWARDS

Amica Carmichael (below left): APA Gerontology Physiotherapy Australia (WA Chapter) Award for the third year Physiotherapy student with the highest results in the Gerontology subject of Neuroscience Physiotherapy.

Erika Chilcott (below right): Australian Medical Supplies Motor Control and Skill Acquisition Award for the ESRS student with the highest combined mark for Motor Control and Skill Acquisition over all years.

AND

Unibank Psychology Award for the ESRS student with the highest combined mark for Psychology over all years.

Erika Chilcott (below right): Australian Medical Supplies Motor Control and Skill Acquisition Award for the ESRS student with the highest combined mark for Motor Control and Skill Acquisition over all years.

Unibank Psychology Award for the ESRS student with the highest combined mark for Psychology over all years.

Ryan Chay (below left): Australian Medical Supplies Biomechanics Award for the ESRS student with the highest combined mark for Biomechanics over all years.

Jacob Shaw (below right): Unibank Research Foundation Award for the highest achieving ESRS Honours student.

AND

School of Physiotherapy and Exercise Science Award for the best ESRS Honours presentation for: “Comparison between traditional and cluster sets in aerobic conditioning” Supervisors: Dr Kagan Ducker, Dr Carly Brade and Dr Daniel Hiscock

Emily Shields (below): Australian Medical Supplies Exercise Physiology Award for the ESRS student with the highest combined mark for Exercise Physiology over all years.

Geoff Strauss Award for the graduating ESRS student whose results, attitude, knowledge and work practices embodies the aims and philosophy of the School.

AND

Saskia Ehlers (below left): APA National Paediatric Special Group (WA Chapter) Award for the fourth year Physiotherapy student demonstrating enthusiasm for paediatric physiotherapy, innovative practice and a strong theoretical knowledge in the field of Paediatrics.

Eleanor Andrew (below right): APA Physiotherapy Research Foundation Prize for the Honours student with the highest overall score. Project Title: “Investigating factors influencing physiotherapy involvement in the treatment and management of people with severe and persistent mental illness” Supervisors: Dr Robyn Fary, A/Professor Kathy Briffa, Professor Flavie Waters and Samantha Lee

Make tomorrow better.
Two students were awarded the School of Physiotherapy and Exercise Science Award for the best Honours presentations:

**Katherine Atkins** (below left) for: “The use of the Trunk Impairment Scale by Australian physiotherapists for the assessment of postural control in patients with stroke”
Supervisors: Liz Bell, Dr Meg Harrold and Dr Robyn Fary

AND

**Jordan Hitch** for: “Kicking goals: the psychosocial benefits of an AFL sporting programme for children with disabilities”
Supervisors: Dr Sian Williams, Dr Lynn Jensen and Dr Noula Gibson

**Brendon Meney** (above right): UniBank Leadership Award for the third year ESRS student with the highest results in Leadership.

**William Michell and Kathleen Sullivan** (below left): APA (WA Branch) Marcus (Joe) Rosen Award for the graduates of the Bachelor of Science (Physiotherapy) Course with the best clinical results.

**Emily Don** (below right): Worksite Fitness and Rehabilitation Best Practice Award for the ESRS student with the best results in Practicum Placement.

**Bodie Logan** (below left): Rocky Bay Scholarship for a student commencing year four of the course.

**Jack Gomboc and Christopher Imms** (below right): AAP Education Scholarship for two students who are commencing year four of the course and considering working in private practice.

**Grace Durack** (below left): School of Physiotherapy and Exercise Science Award for the first year Master of Physiotherapy student with the highest results.

**Courtney Gerwing** (below right): School of Physiotherapy and Exercise Science Award for the second year Master of Physiotherapy student with the highest results.

**Brayden Page** (was unable to attend): AAP Education Award for the graduating Master of Physiotherapy student with the highest overall results.

AND

**LifeCare Award** for the Master of Physiotherapy graduate with the best clinical results.

AND

**Emeritus Professor Joan Cole Award** for the most outstanding Master of Physiotherapy graduate.
2018 STUDENT AWARDS

Beth Frame (below): APA Physiotherapy Business Australia (WA Chapter) Award for the fourth year physiotherapy student with the highest results in Physiotherapy Leadership.

AND

Emeritus Professor Joan Cole Award for the most outstanding Bachelor of Science (Physiotherapy) graduate.

John Ryan (below left): APA National Physiotherapists in Leadership and Management Group (WA Chapter) Prize for the student with the highest combined results in the Leadership Assessments in Integrated Physiotherapy Management.

Rowan McPhee (below right): APA Sports Physiotherapy Australia (WA Chapter) “Diana Hopper” Award for the Master of Clinical Physiotherapy (Sports Physiotherapy) student with the best clinical results.

Alison Slevin (below): Max Zusman Award for the Postgraduate student with the highest mark in the unit Advanced Management of Pain Disorders.

AND

APA Musculoskeletal Physiotherapy Australia (WA Chapter) “Brian Edwards” Award for the Master of Clinical Physiotherapy (Musculoskeletal Major) student with the best clinical results.

Emma Norman (below left): APA Women’s, Men’s and Pelvic Health Group (WA Chapter) Award for being the top graduating student in the Graduate Certificate in Clinical Physiotherapy (Continence and Women’s Health) Course.

Donna Green (below right): APA Women’s, Men’s and Pelvic Health Group (WA Chapter) Award for the top graduating student in the Continence and Women’s Health Major of the Master of Clinical Physiotherapy Course.

Kun Man Li and Jonathan Chan (unable to attend), Matthew McMullan and Kelby Smith (right) won the Mona Twomey Prize for the students who received the highest overall grade for their Master of Clinical Physiotherapy research project for: “How do people with chronic low back pain pick a pencil off the floor?”

Supervisors: Dr Michelle Kendell, Dr Martin Rabey, Dr Darren Beales, Professor Anne Smith, Professor Peter O’Sullivan
The Awards presentation was followed by refreshments in Wesfarmers Court.

We sincerely thank all our generous sponsors who continue to support our students and awards each year:

- **Australian Physiotherapy Association (and special interest groups)**
- **Australian Medical Supplies**
- **Worksite Fitness and Rehabilitation**
- **AAP Education**
- **LifeCare**
- **Elsevier**
- **Therapy Focus**
- **UniBank**
- **Rocky Bay**

Alison Thorpe (right): Elsevier Book Prize for the Masters or Doctoral student publishing the best article in a Scientific Journal for:

"Are Psychologic Factors Associated with Shoulder Scores After Rotator Cuff Surgery?"

Authors: Alison Thorpe, Peter O’Sullivan, Tim Mitchell, Mark Hurworth, Jonathan Spencer, Grant Booth, Sven Goebel, Paul Khoo, Aaron Tay, Anne Smith

Published in Clinical Orthopaedic Related Research. 2018 Oct; 476(10):2062-2073
PhD Graduations

Congratulations to three students who graduated with a Doctor of Philosophy—Alison Thorpe and JP Caniero, and their supervisors Professor Anne Smith and John Curtin Distinguished Professor Peter O'Sullivan (who was unable to attend) and Caroline Roffman with her supervisor, Professor Garry Allison.

Rowan McPhee celebrates in 2018

2018 turned out to be a memorable year for Rowan. Not only did he graduate and take out the award for the Master of Clinical Physiotherapy (Sports Physiotherapy) student with the best clinical results, he also got married!

He and Aoife tied the knot in a traditional ceremony in Castlemartyr in County Cork on New Year’s Eve. And in true Irish custom they, along with their 180 guests, celebrated over three days.

Followed by an idyllic honeymoon in Thailand, they made it back in time to attend the Graduation and Awards ceremonies.

Our congratulations to Rowan and Aoife.

Shaun Fitzpatrick
Don Watts Scholarship

Our congratulations to Shaun Fitzpatrick as a Don Watts Scholarship recipient, awarded on 18 February.

Curtin offers five Don Watts High Achiever Scholarships, the most generous and prestigious scholarship for current students. Our top achievers are rewarded with development opportunities and financial support during their undergraduate degree at Curtin.

Well done Shaun!
Riikka Holopainen - visiting PhD student from Finland

Riikka Holopainen is a physiotherapist and PhD student from Finland, currently visiting us at Curtin. Her PhD consists of qualitative studies that are related to a feasibility study of training physiotherapists Cognitive Functional Therapy for people with back pain in Finland.

She is staying in Perth for three months to work with Professor Peter O’Sullivan, A/Professor Peter Kent, Professor Anne Smith, Dr Rob Schütze and Phoebe Simpson on “A metasynthesis of physiotherapists experiences of learning and implementing a biopsychosocial interventions for musculoskeletal pain disorders”.

She is also working with Phoebe on her PhD related to the NHMRC funded RESTORE trial that is currently being run here at Curtin University. During her visit she has also attended some lectures on musculoskeletal physiotherapy and research writing.

Besides working on this research project at the Bentley campus, she has visited many lovely places in Perth, including Kings Park and Cottesloe beach. Riikka has also managed to fit in a trip to Sydney to attend a Masterclass workshop on Psychologically informed practice: early intervention for injury-related pain, led by Professor Peter O’Sullivan, Professor Steven Linton and Professor Michael Nicholas.

At home she trains in Savate, French kickboxing which is rare in Australia, but she has been lucky to find a very nice local boxing gym where she has been training three to five times a week. She was also able to add seeing the Red Hot Chili Peppers perform to her list of Perth experiences.

Riikka says:

“As probably everybody coming from countries with a different kind of climate, I have really enjoyed the sunny and warm weather here. I want to thank everybody, for making me feel very welcome from the beginning on. The talk often turns to similarities and differences between the countries. A few small arbitrary notions from here: Australia still has post offices everywhere, in Finland they are rare; everybody drives a car and the university parking lot is huge – in Finland more people use the public transport and there are a lot less cars at the campus. What seems to be similar are the drinking habits of Australians and Finns. Time flies but I have one more month to go, I am enjoying it here and am looking forward to new adventures!”

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Commonwealth Government Endeavour Mobility Grant

Tanya Blee, our Course Coordinator for the new Master of Clinical Exercise Physiology course, was successful with her submission for the Commonwealth Government Endeavour Mobility Grant. The School will receive $25,000 in funding to support ten students to participate in an International Clinical Placement in Cambodia in July. Tanya put in a huge amount of work and is to be congratulated on this fantastic achievement. This is the first grant we have received for a postgraduate course (although the School has had a great deal of success over the last few years with New Colombo Plan Funding for undergraduate physiotherapy placements in Laos and Nepal) and provides an extremely important point of difference in our Clinical Exercise Physiology course, compared to other courses in Perth, in providing support for an international mobility program.
Singapore Sports Science and Technology Grant
By Kagan Ducker

In late 2017 Carly Brade and I were lucky enough to get some funding under the Singapore Sports Science and Technology Grant program to conduct some studies in collaboration with colleagues at the Singapore Sports Institute (SSI).

The program is broadly aimed at providing expertise to allow colleagues in Singapore to run the research. Carly is leading our efforts on a project looking at whether mixed method cooling (ice vests and slushies) is effective in heat natives, a project that is of great interest ahead of the hot Tokyo 2020 Olympic Games.

I was lucky enough to have two other projects approved. The first was without funding, investigating supplement usage patterns of Singaporean athletes, following on from some work that Deb Kerr (SPH), a Masters Dietetics student and a group of colleagues conducted at the Western Australian Institute of Sport (DOI: 10.1123/ijsnem.2018-0336).

The final project was funded to look at using ultrasound to assess subcutaneous adipose tissue (SAT; fat under the skin) in elite athletes during Ramadan. This is a relatively new technique which may revolutionise the way that we monitor our athletes’ body composition.

In January I travelled to SSI with Professor Tim Ackland (UWA) so I could conduct an International Society for the Advancement of Kinanthropometry (ISAK) Level 1 and 2 re-accreditation course, and I assisted Tim with conducting an International Association of Sciences in Medicine and Sports (IASMS) advanced ultrasound measurement of SAT course for the SSI Sports Nutrition team. This is the first step in training their team to use the technique so that they can collect data for our study during Ramadan 2019. It also allowed us to train Julian Ong, one of my PhD students from UWA (Lead Supervisor Dr Grant Landers, UWA) to use the technique. This project is one of the outcomes from my academic study leave in 2017/18.

Dr Vin Cavalheri
European Respiratory Society
International Congress

Vin has been invited to deliver a talk at the European Respiratory Society International Congress (ERS 2019), being held in Madrid, Spain in September.

The annual ERS International Congress is the largest respiratory meeting in the world. It brings together more than 20,000 professionals (from over 130 countries) who work in the area of respiratory medicine.

The title of Vin’s talk is “Year in Review: Exercise-based interventions to prevent physical deconditioning in patients with chronic lung disease”

Scandinavian Sports Congress
Copenhagen, Denmark

Andreas Kjono, a Postgraduate Masters student in 2018, presented his Curtin research at the Scandinavian Sports Congress that was held over three days earlier this year (31 January to 2 February).

This congress brings industry and academia together to address medical, rheumatology, orthopaedics, sports medicine, prevention and sports injury matters. Andreas’ presentation was on “Are acromiohumeral parameters related to pain / disability in adults with subacromial pain? A systemic review and meta-analysis” and you can watch his presentation on: https://1drv.ms/v/s!ApCG1-JLbSSVsAC-rLFBKWcnljg

In the SSI Sports Physiology Lab (from left to right): Parimala Sivaperuman (SSI Sports Nutrition), Sin Hwee Ang (SSI Sports Nutrition), Professor Tim Ackland (UWA), Dr Kagan Ducker (Curtin), Cheryl Teo (SSI Sports Nutrition), Julian Ong (UWA PhD candidate), Dr Richard Swinbourne (SSI Head of Sports Nutrition) and Liyan Huang (SSI Sports Nutrition).
**RESEARCH NEWS**

**Professor Mark Hancock**
Macquarie University

**Professor Mark Hancock** from the Physiotherapy School at Macquarie University visited our school for three days during February.

Professor Hancock is an accomplished teaching/research academic who is running the Sydney-based component of the Curtin-lead RESTORE clinical trial that is being conducted in Sydney and Perth.

During his visit, Professor Hancock had meetings with the Curtin RESTORE team, made great contributions during some PhD meetings and met with some of the staff. One of these meetings was with Leo Ng, Director of Learning and Teaching, as Mark has extensive curriculum development experience.

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**2019 Mark Liveris Research Student Seminar**

The Mark Liveris Research Student Seminar was held on Wednesday, 27 March.

This annual event provides a glimpse of the diverse and innovative research being undertaken by HDR students within the faculty and students have the opportunity to win up to $400 for a three minute presentation of their research project.

This year we had one student participate – **Farhat Bashir** present her PhD work on “**Diagnostic indicators for neuropathic pain in patients with knee osteoarthritis.**”

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**2018 Glenn Brown Memorial Grant**

**Naomi Chapman**, a PhD student, was awarded the Glenn Brown Memorial Grant through the Institute for Respiratory Health. The award is for $50,000 and will be used to support Naomi’s PhD studies.

Naomi and the research team of **Kylie Hill, Graham Hall, Vin Cavalheri, Jamie Wood and Anna Tai**, will be working on “**The Metaneb® System in adults with cystic fibrosis: investigating its effects during periods of clinical stability and disease exacerbation.**”

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**Congratulations!**


Make tomorrow better.
Andrew discusses new research into multiple head knocks leading to a rare type of amnesia and early onset dementia.

You can read the article in full on Sound Telegraph, The West Australian, Great Southern Herald.

Leon, a leading researcher into the positive and negative aspects of technology, comments on Government screen time advice.

You can read the article in full on Bunbury Herald, The West Australian, Albany Advertiser.

This article asks a dietitian, exercise physiologist, sleep specialist and psychologist for tips on how to fight fatigue. Kevin covers the physical and psychological benefits of moving more. You can read the article in full on Mid-West Times, The West Australian.

Peter is involved with multiple teams nationwide, testing an approach based on the hypothesis that chronic back pain in often caused by the belief the back is damaged, not a damaged spine.

You can read the article in full on The Age, Border Mail, The Sydney Morning Herald.

This article refers to a study Elissa was involved with in 2018, looking at the range of interventions to prevent frailty in older people.

For more information about this study or a copy of the article, please contact Elissa on E.Burton@curtin.edu.au
Penny Moss tackles the London Marathon

After five years of applying, Penny Moss has finally scored a place to run the London Marathon this year and decided to use the opportunity to raise money for much needed Dementia Research in memory of her Mum.

She has been plying staff with regular sweet and savoury food offerings over the last three months, in exchange for a gold coin donation. And true to form, all staff have put aside any new year’s resolutions and taken on the challenge with great enthusiasm!

Penny has also set up a “virtual marathon” as motivation for us all to move a bit more (though I think she is trying to mitigate her culpability with the issue of our ever expanding waistlines!) Staff are able to complete the 42.2kms over any timeframe before 30 April (ie take as many weeks as needed or do it all at one time) and with any form of movement - run, jog, walk, swim, cycle, wheelchair push, static bike cycle, climber, elliptical, ski. For the $20 sign-up fee (donated to Dementia Research) participants just need to keep track of the kilometres completed.

For more details on how you can get involved in this very worthwhile event, please contact Penny Moss on email P.Moss@exchange.curtin.edu.au. Alternatively if you would like to donate directly (without any additional movement required) you can go to Penny’s VirginGiving page and follow the prompts: https://uk.virginmoneygiving.com/PennyMoss5

Curtin Sport Summit - “Where do we want to be, beyond 2023?”

Curtin University has a history of participation, research and scholarship in sport and active recreation, and currently has a number of partnerships with sporting and recreation associations, wellness programs and facilities. On Wednesday, 13 February, Curtin hosted the inaugural “Sport Summit” in support of the 2018 – 2023 Curtin Sport & Active Recreation strategy.

The agenda for the day included speakers across Curtin, including Kagan Ducker and Keith Hill addressing Academic Courses and Work Integrated Learning, and Kevin Netto and Nikos Ntoumanis presenting on Faculty Research.

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Alumni Event

Business Expertise for Health Professionals

The Physiotherapy Chapter of the Curtin Alumni, in collaboration with the Faculty of Business and Law, held an Alumni presentation on Business Expertise for Health Professionals at the city campus on Tuesday, 12 March.

Adam Clune is with Icarian Advisory and a Curtin MBA graduate. He specialises in turning around companies that are failing. He presented the basics of starting up a business that many health professionals and small business owners have limited knowledge in.

Lennon Correia is a co-founder of the WA Health Group, which is a multi-disciplinary private practice located at Canning Vale. Lennon shared his reasons for starting a private practice and his experiences in setting up a successful practice.

The two talks complimented each other very well and many of the participants stayed back and asked the speakers more advice on starting up a business.

There was a consistent message for the evening and that was, ‘business help is out there for those who seek it’.
EVENTS

Welcome to ESRS
Social Sports Competition

On Thursday, 7 March, ESRS students were invited to take part in some heart-rate raising, smile inducing and barrier breaking activities.

Angela Spence took them through a warm up session before the teams competed in a game of Ultimate Frisbee.

Everyone involved showed great sportsmanship and enjoyed the competition, which was followed by post games celebrations at the Tav.

Students who deserve a special mention for their extraordinary feats and skills are Brendon Loh and Afiq Zailani for demonstrating their prowess, as well as teaching everyone how to play the game.

Thanks to the staff who helped organise the event and everyone who participated.

END OF NEWSLETTER

If you would like to contribute to our next newsletter, please contact Janet Hutson on 9266 3618 or email: janet.hutson@curtin.edu.au
Please provide a photo with your news item.