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Introduction to the Go Global Program

The Faculty of Health Sciences Go Global program provides health sciences students with the opportunity to undertake an international clinical fieldwork placement at partner sites in Asia.

This award winning international student mobility program enables students to work alongside their peers from other health sciences disciplines, learn about the complexity of different healthcare systems, appraise their own cultural awareness and competence and practise leadership and discipline-specific skills.

Students exchange knowledge and work alongside local health professionals delivering services relevant to their degrees such as Physiotherapy, Speech Therapy, Occupational Therapy, Exercise Science, Social Work, Nursing, Occupational Health & Safety, Psychology, Oral Health, Pharmacy, Dietetics, Nutrition, Sexology, Exercise Physiotherapy, Paramedicine, Midwifery, Medicine and Health Promotion.

Curtin clinical facilitators travel with the students for the first two weeks of the placement and then for the final two weeks the students work under the direction of the host site partner and liaison staff with long-arm supervision continuing from Perth.

Go Global is built around the Curtin triple-i curriculum. The triple-i curriculum is part of the C2010 initiative at Curtin to focus on sustainable and excellent courses at Curtin. This has led to a focus within Go Global on the three aspects identified by Curtin:

Industry

Go Global provides a work-integrated learning and career development opportunity. The work conducted at the host site is scenario-based problem solving and requires critical reflection on real work-based experiences related to coursework knowledge. Go Global graduates have gone on to develop careers in the international development arena with AUSAID and Australian Youth Ambassadors for Development.

Intercultural and International

Go Global assists students working towards Curtin’s graduate attributes of international perspective and intercultural understanding. Assessments throughout the program provide students with opportunities to demonstrate cultural competence and consider issues from a global perspective, and both develop and demonstrate a healthy respect for social justice and practice in a diverse environment with a variety of professions who hold different value sets.

Interdisciplinary

Go Global provides rich educational experiences outside the singular confines of a single discipline, including working in inter-professional teams to solve complex problems, conduct assessments in teams, document interdisciplinary case notes, plan and implement projects and work alongside other professions for an extended period of time during their undergraduate experience.
Placements and Host Sites

Go Global collaborates with education providers, community organisations, health facilities and international NGOs to provide placements that focus on delivering learning outcomes for students whilst making a positive social impact with the communities we work with. In addition to the current host partners, Curtin students collaborated with the residents and patients at the BoAi Rehabilitation Centre in Shanghai (2001-2013), Anandaniketan in India (2005-2013), hospitals in South Africa (2007-2011), the Regional Children’s Home, Novograd Volynsk and Vorzel Orphanage, Kyiv, Lviv in Ukraine (2008-2013) and Rose Cambodia Rehabilitation Charities RCRC (2012).

In 2020 the Go Global program will be running four-week placements in Cambodia, China, India, Vietnam, Thailand and Nepal during July and December*. The following sections provide an overview of each destination and an insight into the host sites we are currently working with.

* Please note host sites, placement information and travel dates are always subject to change and are dependent on local conditions and group numbers and are sometimes out of our control.
Cambodia

Cambodia, or the Kingdom of Cambodia as it is officially known in English, is located in Southeast Asia and bordered by Thailand, Laos, Vietnam and the Gulf of Thailand. With a population of around 16 million, Cambodia remains one of the poorest countries in Asia and long-term economic development remains a daunting challenge, inhibited by endemic corruption, limited human resources, high-income inequality, and poor job prospects. The population lacks education and productive skills, particularly in the impoverished countryside, which also lacks basic infrastructure. Many children in Cambodia suffer from chronic malnutrition due to the country’s undesired financial situation.

Cambodia experienced a particularly turbulent political period in the 70’s where from 1970 to 1975, under the direction of Pol Pot the Khmer Rouge was directly and indirectly involved in the death of more than 2 million people. In 1975 the Vietnamese invaded Cambodia and remained there until 1979. One of the major issues as a result of the civil war, and then occupation by Vietnam was that many educated people were killed, especially health professionals, and much of the major infrastructure related to health was destroyed. Rebuilding the health industry in Cambodia has taken considerable time, and has often been delayed due to economic and financial difficulties. For many people, health care is only available based on a “user pays” system. In a country that heavily relies on subsistence farming to survive, those poorer families with health concerns are often left untreated due to finances, access, and isolation from the limited health services that are offered in the country.

The Go Global program has been operating in Cambodia since 2012. Cambodia has very few allied health care professionals other than physiotherapists, so this is an opportunity to provide input as to what these professions are able to provide in the management of clients with a range of disabilities and conditions. It is therefore imperative that students participating in the Cambodia Go Global program are aware that they will have to be adaptable, open to new ideas, and be amenable to learning from others.

Host Sites

Go Global currently work with five sites in Cambodia that offer students the opportunity to practice clinical and interprofessional skills in community settings. All of these sites are located around 300 km North West of the capital Phnom Penh, one in Battambang and four in Siem Reap. The role of the students at each site is primarily one of observation for the first few days. Students work in small groups (two to three) with their peers and rotate through each area of the host site. The students work in conjunction with the local staff and an interpreter. As the placement progresses the students become increasingly independent and can begin to identify clients who require specific treatment that they are capable of providing or initiate health promotion sessions. This is a challenging placement and students need to be able to rely on their clinical and theoretical knowledge whilst also relying on their peers and the local staff for advice and assistance. There may also be a component of teaching required to help educate local staff members about these different disciplines.

The sites selected by the Clinical Coordinator will depend on the needs of each host site, student numbers and disciplines. All groups start and finish in Siem Reap and will take part in similar preparation sessions and orientation in country.
Battambang sites

World Mate Emergency Hospital (WMEH)

The World Mate Emergency Hospital is a 110-bed trauma and emergency hospital located in the middle of the Battambang region. When the WMEH first opened in 1998, there were approximately 1,000 land mine victims per year, and at least half of them were given free care. Today, the hospital continues to treat these victims though their number has greatly decreased.

Over the past five years, the number of road traffic accidents in Cambodia has escalated by 30% per year, due to the increasing number of car and motorcycle drivers on the country’s chaotic road system. The reduction in landmine victims has been more than replaced today by road accident victims, and because of this, more than 90% of the beds at the WMEH are occupied on an average day.

The hospital has a fully operational emergency department, two operating theatres, post-operative orthopaedic wards, ICU, laboratory, Medical centre, General surgical ward, Medical ward, radiology and pharmacy, and physiotherapy departments. Students have the opportunity to interact with clients whose main presentations include large bone fractures (upper and lower limbs), amputations, brain injury and rehabilitation needs, hypertension, diabetes, medical cardiology, respiratory diseases, community-acquired pneumonia and tropical diseases. Students may also be involved in presenting education sessions and workshops.

Importantly, the WMEH is also a training facility for doctors and nurses and enjoys numerous partnerships across the country. The mission of the World Mate Emergency Hospital is to provide high-quality trauma care to the general population of Northwest Cambodia, including free care and support to landmine victims and to the poor while building the capacity of the local healthcare system.

Siem Reap sites

Grace House Community Centre

Established in 2008, Grace House Community Centre is a non-religious, non-political registered Cambodian Non-Government Organisation (NGO). It is situated 4 km outside of Siem Reap, on the road to Tonle Sap, where the villagers make a living subsistence farming and fishing.

Grace House Community Centre provides education, physiotherapy and speech therapy within a structured individual curriculum for children who live in Siem Reap Province with moderate to severe disabilities. Pre-school education is provided for a small number of children in Khmer (local language) and is play based.

Grace House staff welcome the students providing education and training to the carers and are receptive to skills exchange. They welcome the input from physiotherapy, occupational therapy and speech pathology students.
Physical Rehabilitation Centre (PRC)

Located in central Siem Reap, a 10 minute walk from the hotel, PRC is a government-funded clinic that provides free prosthetic and physiotherapy services to the public. It is the largest out of 11 centres throughout Cambodia and provides services to five surrounding provinces.

The centre opened in 1988 originally to provide prostheses and treatment to landmine victims but expanded to also treat people with birth defects, cerebral palsy (CP), polio and clubfoot. The current scope of physiotherapy practice is limited to pre-prosthetic assessment, post-prosthetic gait analysis and giving general rehab advice, with minimal hands-on intervention. Patients are provided free bedding, small meal allowances and travel reimbursements. A team of staff also work out of a mobile mini-bus workshop that travels through the Siem Reap province providing free prosthetic repairs, as funded by the International Committee of the Red Cross.

A newly renovated rehab room for children with cerebral palsy and other conditions contains a playpen with a variety of toys, floor mats, mirrors, mini parallel bars, a child-sized wheelchair, walking frame, standing frame and tables and chairs to sit at. Unfortunately, the room is seldom used due to a low CP patient turnout in recent years.

Physio and OT students have the opportunity to learn and conduct:

- Initial subjective/objective assessment
- Gait retraining
- Functional rehabilitation
- Muscle strengthening
- Pressure sore/Scar management
- Other education e.g. energy conservation
- Group fitness activities e.g. group strength exercises, volleyball, soccer

Military Regional Station No.4 Hospital

Established recently in July 2017, this is an army hospital for soldiers and their families from over four provinces. The hospital has the capacity for 50 patients with up to 10 patients coming into the emergency department per day.

Common conditions seen at the hospital are respiratory disorders, mental health conditions, road traffic accident trauma injuries, strokes, tropical diseases, alcohol-related issues, gastrointestinal issues, musculoskeletal conditions, pain management, medical problems and head injuries.

They only conduct minor operations due to the limited equipment and funding from the government. The hospital is very open to skills exchange and will collaborate with the group on education sessions for the staff.
Balaing Clinic and Community Health Centre

Located 27 kilometers or 46 minutes’ drive from Siem Reap, Balaing clinic and Community Health Center serves nine villages within the Bakong district.

The community is largely farming based with the majority of families housing up to 10 residents within a single-roomed dwelling. There is little infrastructure within the community and roads are largely unsealed, where homes are found along ‘dirt’ tracks. Each community has a village chief, who is responsible for the communities’ law and order, and general wellbeing.

Go Global students will have experience in providing education and health care in the Balaing commune primary and secondary school, assessing children with disabilities, speech concerns, and general welfare issues.

The students will also be involved in providing community health education sessions for adults on a wide range of topics within the village setting.

Go Global students will provide interdisciplinary team health assessments and appropriate care for families living in the villages. This will include children, older adults, and young adults presenting with a wide range of concerns from food insecurity, hypertension, stroke, disabilities, trauma, mental health concerns, disabilities, and infectious diseases.

The clinic is opened 24 hours, seven days per week, staffed only by nurses and provides maternity and general health treatment.

In the maternity sector, nurses are responsible for antenatal, delivery, postnatal and family planning care. In early-child health, the nurses provide child healthcare in the form of scheduled vaccinations and general growth monitoring.

For general healthcare, the nurses provide wound care, dispense limited medications, management of hypertension and diabetes, gastrointestinal complaints, and mosquito-acquired diseases. In mid-2018 a specific tuberculosis clinic will open next-door to the current facility for patient treatment.

Additionally, nurses provide monthly education to community health volunteer groups, which typically involves two volunteers per village who provide a community health service.

Main conditions treated at the clinic include:

- Stomach complaints (gastritis)
- Fever
- Diarrhea (increased during heat and rain)
- Hypertension
- Maternity – ante and prenatal
- Diabetes
- Dengue Fever
- Malaria
- Trauma
- Musculoskeletal problems
- Tuberculosis (TB)
- Pediatrics
- Vaccinations
China

China is the third largest country in the world by land mass encompassing 9.6 million square kilometres, with the world’s largest population of 1.4 billion people. With a civilization over 5,000 years old, it is considered one of the four ancient civilizations of the world. The capital of China is Beijing and the main language spoken is Mandarin Chinese of which there are seven dialects.

China’s healthcare system has improved significantly over the past decade, and in this time has undergone significant reorganisation in an attempt to achieve universal health-care coverage by 2020 (World Health Organisation, 2005). Some gains apparent during this time of change include an improved life expectancy, a lowered child mortality rate and reduced cases of infectious diseases. However, due to the increase in lifestyle risk factors, non-communicable diseases such as obesity and diabetes have increased and have become the main causes of death in China (World Health Organisation, 2005).

China is also home to an ageing population, which is increasing the pressure on the healthcare system. The ‘one child policy’, which was introduced in 1979 to control the dramatically increasing population, is also taking its toll on the healthcare system. In Chinese culture, the elderly receive care from their children whilst still living at home. However, as the elderly population continues to grow and the availability of family caregivers decreases, they are increasingly needing to seek care in hospitals and residential care facilities. The public hospitals in China are classified under level one, two or three. Level three is considered the highest level and one of the requirements to achieve this level is to have a rehabilitation department.

Host sites

Go Global China has partnerships with Hua Shan Hospital and Sunshine Rehabilitation Centre in Shanghai, both of which are classed as level three. The sites selected by the Clinical Coordinator will depend on the needs of each host site, student numbers and disciplines. All groups start and finish in Shanghai and will take part in similar preparation sessions and orientations in country.

Hua Shan Hospital

A grade tertiary hospital with over 100 years of history provides both inpatient and outpatient services to people of Chinese nationality, as well as citizens from foreign countries. The hospital has a wide range of clinical departments and health services, providing care to over 20,000 inpatients and over 1.5 million outpatients annually.

As a premiere provider of healthcare in Shanghai and the surrounding region, Hua Shan hospital has collaborative links with many reputable institutions worldwide, including Massachusetts General Hospital, which is the largest teaching hospital of Harvard University’s Medical School. Hua Shan hospital is also Fudan University’s teaching hospital.

Collaborative links have been established with the rehabilitation department within Hua Shan Hospital, as well as with East and North Hua Shan Hospitals, subsidiaries of Hua Shan Hospital, where Go Global students will be involved in providing inpatient and outpatient (orthopaedic and neurological rehabilitation) care to adult and teenage patients who are transferred for long-term rehabilitation. Hua Shan Hospital specialises in hand therapy, neurosurgery, neurology and traditional Chinese medicine.

Curtin students will have the opportunity to work in the outpatient rehabilitation department, the international wards and the public wards. Being a reputable teaching hospital, students will have ample opportunities to engage in interprofessional practice with a diverse and complex caseload.
Sunshine Rehabilitation Centre

Opened in 2007 as the first specialised public rehabilitation centre in Shanghai. Sunshine Rehabilitation Centre is affiliated with Shanghai Disabled Persons Federation and provides adults and pediatric educational, vocational, social and physical rehabilitation services to inpatients and outpatients including physiotherapy, speech therapy and occupational therapy.

There are a variety of clinical departments including pediatrics, orthopedics, neurology, spinal cord injury and integrated traditional Chinese medicine. Curtin students will work across a variety of departments with the local therapists and therapy students from China and Hong Kong to provide interprofessional intervention to their wide-ranging clients and identify appropriate opportunities to share Australian discipline-specific practices with local students and local supervisors.

It is a resource-rich site and therefore the focus is on knowledge sharing and students will be expected to provide presentations on clients they are working with to the site.

The paediatric department is outpatient based with children aged 6 months to 18 years and clients receive therapy daily or every second day for 40 minutes. Patient presentations include scoliosis, cerebral palsy, Downs Syndrome, Autism, Torticollis, Joubert syndrome and Rett syndrome.

The adult departments comprise of the orthopaedics, Neurology, Spinal cord injury OT neurology, and Speech Pathology.

India

With a population of over 1.3 billion people, India is the second most populated country in the world, following very closely behind China. It is also the world’s largest democracy. Despite the government’s initiatives to reign the ballooning birth rate, overpopulation lies at the crux of many of India’s most pressing problems.

Most obvious is the ever-growing disparity between rich and poor; although around 1/3 of India’s population live on less than US$3 per day and 41% of Indian families live in one bedroom homes, the country has an estimated 85,000 millionaires and houses a handful of the top ten wealthiest people in the world.

India does not have national health insurance or universal health care system for all its citizens which has allowed the private sector to become the dominant healthcare provider in the country. Most healthcare expenses are paid out of pocket by patients and their families, rather than through insurance however public healthcare is free for those below the poverty line.

With government expenditure on health as a percentage of GDP falling over the years and the rise of the private health care sector, the poor are left with fewer options to access health care services. Private insurance is available in India, as are various government-sponsored health insurance schemes.

According to the National Family Health Survey-3, the private medical sector remains the primary source of health care for 70% of households in urban areas and 63% of households in rural areas. Reliance on public and private health care sector varies significantly between states. Several reasons are cited for relying on private rather than public sector; the main reason at the national level is the poor quality of care in the public sector, with more than 57% of households pointing to this as the reason for a preference for private health care.
Most of the public healthcare caters to the rural areas, and the poor quality arises from the reluctance of experienced health care providers to visit the rural areas. Consequently, the majority of the public healthcare system catering to the rural and remote areas relies on inexperienced and unmotivated interns who are required to spend time in public healthcare clinics as part of their curricular requirement. Other major reasons are the distance of the public sector facility, long wait times, and inconvenient hours of operation.

Host sites
Go Global India has partnerships with Holy Cross College, The Spastics Society and Christ Jesus Hospital, which are all located in Trichy.

Holy Cross College
The Holy Cross College, established in 1983, is one of the pioneering institutes in teaching and training professionals in the field of Rehabilitation of the Disabled. The institute was a joint collaboration by the Holy Cross Congregation of Chavanod and the Christoffel Blinden Mission, West Germany.

The early mission of the centre aimed to alleviate the lack of trained Rehabilitation workers. The institute is affiliated to the Bhaeathidasan University, Tiruchirappalli, Tamil Nadu and is recognised by the Rehabilitation Council of India (RCI).

Aims of the centre:
- To provide quality education and prepare skilled professionals in the field of Rehabilitation and Special Education for the disabled
- To empower individuals with disability and provide education to society on disability issues through external services and programs
- To extend work through government and non-government organisations

Services and programs offered:
- Psychological Assessment
- Early Intervention Programme
- Speech Therapy
- Physiotherapy
- Occupational Therapy
- Hydrotherapy
- Sand therapy
- Sensory Integration Programme
- Dance, Drama and Art Therapy
- Parental Counselling
- Needs based training Programmes
The Spastics Society of Tiruchirappalli

The Spastics Society of Tiruchirappalli is a registered organisation providing training, education and rehabilitation to disabled individuals residing in Trichy and surrounding villages. The activities and services of the organisation are oriented towards creating an inclusive society in which people with disabilities can live with dignity, enjoying equal rights as citizens of India. Children accessing services from the Spastics Society have a range of disabilities including cerebral palsy, attention deficit and hyperactivity disorder, autism and mental retardation (intellectual disability), as well as associated comorbidities (e.g., hearing and vision impairments). Interventions offered at the Spastics Society include, but are not limited to, physiotherapy, occupational therapy, speech therapy, special education, behaviour management therapy, self-care therapy, arts and craft therapy, hydrotherapy and sensory integration therapy.

The following programs are also offered:

- Early Intervention Care (0-6yrs)
- Day Care program (7-20 years)
- Home management program
- Parent Training Program
- Newborn screening program
- Vocational program

The staff at the Spastics Society include a team of Occupational therapists, Physiotherapists, Speech Pathologists and Paediatrician.

Students applying for India must do so with the knowledge that they may be placed at any one of the three sites mentioned according to the discipline requirements. All students however, will travel as one team and share the same accommodation.

Child Jesus Hospital

The Child Jesus Hospital was founded in 1948 with an overall aim to allow people with limited access to healthcare to access the treatment they need. Specialized services like Outpatient Services, Day Care, The Operating Department, Medical Records and Pharmacy, ably cater to the public and the local community. The needs of the underprivileged, the poor and the needy are provided by the dedicated team of social workers in the Medico-Social Work department of the hospital. Well equipped to provide comprehensive, affordable and quality health care to its patients with all facilities under one roof, Child Jesus Hospital is now a major referral centre in the city of Trichy. Child Jesus Hospital has 4 operation theatres, equipped with the latest medical technology, and are completely aseptic and dedicated to specific specialties, to ensure maximum convenience and efficiency to the surgical teams.

Specialty Services:

Dental Surgery, Dermatology, Emergency Medicine, Family Medicine, General Medicine, General Surgery, Obstetrics and Gynaecology, Ophthalmology, Orthopaedics, Otorhinolaryngology (ENT), Paediatrics and Physiotherapy.
Vietnam

Vietnam is bordered by China to the north, Laos and Cambodia to the west and its coastline runs along the Gulf of Tonkin, the Gulf of Thailand and the South China Sea. There are three distinct geographical regions, the highlands and the Red River Delta (north), the Truong Son Mountain Range and the coastal lowlands (central) and the Mekong Delta (south).

Vietnam’s cultural diversity stems from its intriguing history dating back more than 4,000 years. Its historical legacy includes a century of Chinese occupation, which has left a very strong foreign cultural influence, evident in the pagodas and the local cuisine.

Vietnam’s horrific past is well documented in many of the museums in both Hanoi and Ho Chi Minh City. Vietnam is comprised of 85% Vietnamese, 3% Chinese and the rest split between 53 ethnic minority groups. The predominant religion is Buddhism.

The Vietnamese Government provides funding to the country’s healthcare system, however funding is comparatively low by ASEAN standards, with per capita spending on health in Vietnam below that of other AEAN countries such as Malaysia, Indonesia and the Philippines.

Overcrowding in Vietnamese hospitals is a significant issue with it not being uncommon in some poorer state-run hospitals for two or three patients to share one bed. Most of the best health workers are concentrated in the larger hospitals in Ho Chi Minh City and Hanoi. Healthcare units in these large urban areas are better equipped and have more modern equipment to provide health treatment that health centres in other provinces do not have.

Given this disparity, Vietnamese from rural provinces will often seek treatment in these larger urban hospitals, compounding the problem of overcrowding. Vietnam’s pharmacies are severely unregulated and underdeveloped. There is an undersupply of pharmacists in Vietnam and an oversupply of ill-regulated pharmacies, meaning patients are often given sub-standard over-the-counter health advice. Almost all drugs are available without a prescription and counterfeit drugs are not uncommon in some pharmacies.

Host sites

Hoa Binh Centre for Social Protection (HBC)

The establishment was set up in 1992 and houses approximately 105 people who may be homeless and unable to live independently, and/or are physically and or cognitively disabled.

There is a variety of health conditions including physical, intellectual and mental health disabilities. Paediatric presentations may include Down Syndrome Hydrocephalus, Autism Spectrum disorder, and global developmental delay, cerebral palsy, hip dysplasia and HIV.

Adults may present with stroke, Motor Vehicle Accident/traumatic brain injury, geriatrics, intellectual disabilities, mental health and sensory processing difficulties. Approximately 55 residents have physical and cognitive issues, the rest are homeless, elderly and unable to live independently or are orphans. Many hundreds of babies have been adopted from this centre and those that aren’t adopted generally stay until they are around 17 years of age when they are assisted in finding jobs in the outside community.

There are 45 members of staff, including security, cooks and admin. Fifteen sleep at the centre overnight. Eleven staff are trained in some health capacity. Small government funding means significant accountability for money spent.
With the support of CSDS, the site was chosen due to their enthusiasm to embrace what Curtin Health Sciences students could bring to their staff and residents. The staff at HBC are proactive in working with Go Global students to build on their health knowledge and provide a high-quality service to their community. The first group of students went in July 2016.

The placement provides students with the opportunity to gain exposure to a wide range of conditions and difficulties, making this a challenging and rewarding experience. As the concept of allied health is only just emerging in Vietnam, the Go Global program provides an innovative service and opportunity for residents and staff to improve their access to healthcare. This placement will challenge students beyond the parameters of a traditional setting and will provide opportunities for development of initiative, flexibility, teamwork and creativity.

Centre for Sustainable Development Studies (CSDS)

CSDS is a non-profit organization which addresses development issues in Vietnam, with a focus on climate change for environmental protection; women empowerment through sustainable livelihood support; children and education support through social inclusion; and youth development through non-formal education.

CSDS run an internship for young adults, providing training on leadership, critical thinking, personal development, volunteer management and social entrepreneurship. Three to four interns are allocated to supporting the Go Global students on their placements. They provide amazing support to the group to understand Vietnamese culture, learning the language, translating with staff/residents and developing the capacity of the Centre.

Thuy An Rehabilitation Centre

Thuy An Rehabilitation Centre for people with disabilities is 13kms away from the small town of Son Tay and 70kms from down town of Hanoi. Founded in 1976, the Centre was originally opened for disabled children whose parents are the veterans infected with the Agent Orange, the toxic chemical used in the American war. Over time, however, the Centre has started to render its services to all disabled children. Thuy An Centre is a ‘campus’ housing up to 150 children and 50 staff. Many children from the surrounding community also receive outpatient treatment at the Centre and there is education and therapy in a dedicated Autism Unit.

The children aged 0 to 18 suffering from mental or physical disabilities are helped in any of three ways, depending on their disability:

i. **Rehabilitation:** This consists of physiotherapy, occupational therapy, access to social workers and psychologist, speech pathology and a medical doctor.

ii. **Education / Vocational training:** This consists of special education, integration education, vocational training such as sewing, wool knitting, embroidering and computer teaching.

iii. **Upbringing / Looking after:** The children are well looked after by staff who are disciplined and efficient.

The ultimate goal of the Centre is to help the children re-integrate into society. While special education helps to lessen the burden of children’s families by teaching the disabled to help themselves with personal activities, the vocational training programs enable handicapped children to earn their living and able to live independently in the future.
Thailand

Thailand is a country at the centre of the Southeast Asian peninsula composed of 76 provinces and over 68 million people. Myanmar and Laos border Thailand to the north, to the east by Laos and Cambodia, to the south by the Gulf of Thailand and Malaysia, and to the west by the Andaman Sea and the southern extremity of Myanmar. Although nominally a constitutional monarchy and parliamentary democracy, the most recent coup in 2014 established a de facto military dictatorship. The Ministry of Public Health (MOPH) along with several other non-ministerial government agencies oversees health and medical care. Non-communicable diseases form the major burden of morbidity and mortality, while infectious diseases including malaria and tuberculosis, as well as traffic accidents are also important public health issues.

Host sites

Hill Tribes Community

Go Global is offering the first Thailand Go Global Placement in July 2020. The Hill Tribe people are the indigenous inhabitants of the Thailand/Myanmar border area. Neither country recognises them as citizens, thus depriving them of access to a variety of education and health services. Geographically and socially, they are highly vulnerable to sex trafficking and forced prostitution. There is a high level of STIs and untreated HIV/AIDS. As subsistence farmers, the people are also vulnerable to the drug traffickers from Myanmar. To earn very small amounts of money, they resort to smuggling illegal substances across the border into Thailand. The combination of early deaths from AIDS, death in childbirth and jail for drug smuggling, means that many of the children are left parentless. As is the case in many countries, the children are the most vulnerable of all.

Go Global works with Borderless Friendship Foundation (Thailand) – a local NGO, has participated in the establishment of care facilities and access to education for those children who have lost one or both of their parents or whose parents do not have the capacity to provide for them.

The primary aim of the BFWA program in Thailand is to provide young hill tribe people and adults with information and skills that assist them in their daily life, in their relationships, protect them from trafficking, acquiring sexually transmissible infections and other urogenital infections. Students will have the opportunity to work alongside the local NGO staff and assist with

- Health promotion and education
- Education and self-care of children
- Nutrition education and promotion
- Primary health care in the local villages

Borderless Friendship Western Australia is a not-for-profit incorporated organisation. Every staff of the sexuality education program is a volunteer. BFWA actively raises funds to deliver workshops in Northern Thailand.
Chiang Rai Hospital

Students will also have the opportunity to work alongside local staff at the Chiang Rai Hospital which is situated 30 minutes from the Hill Tribe Basecamp Accommodation. The Hospital offers the following services to the local people: Cardiology, Accident and Emergency, Outpatient Care, Urology, Medical and surgical services.

Nepal

Nepal is a landlocked country in South Asia. It is located mainly in the Himalayas, but also includes parts of the Indo-Gangetic Plain. With an estimated population of 26.4 million. It borders China in the north and India in the south, east, and west while Bangladesh is located within only 27 km of its southeastern tip and Bhutan.

Nepal has a diverse geography, including fertile plains, subalpine forested hills, and eight of the world’s ten tallest mountains, including Mount Everest, the highest point on Earth. Kathmandu is the nation’s capital and largest city. Nepal is a multiethnic nation with Nepali as the official language.

Public health and health care services in Nepal is provided by both the public and private sectors and are poor by international standards. According to 2011 census, more than one-third (38.17%) of the total households do not have a toilet. Tap water is the main source of drinking water for 47.78% of households, tube well/hand pump is the main source of drinking water for about 35% of households, while spout, uncovered well/kuwa, and covered well/kuwa are the main source for 5.74%, 4.71%, and 2.45% respectively. Based on 2010 World Health Organization (WHO) data, Nepal ranked 139th in life expectancy in 2010 with the average Nepali living to 65.8 years.

Diseases are more prevalent in Nepal than in other South Asian countries, especially in rural areas. Leading sicknesses include gastrointestinal diseases (especially diarrhea and intestinal parasites), goiter, leprosy, visceral leishmaniosis and tuberculosis. About 4 out of 1,000 adults aged 15 to 49 had human immunodeficiency virus (HIV), and the HIV prevalence rate was 0.5%.

Malnutrition also remains very high: about 47% of children under five are stunted, 15 percent wasted, and 36 percent underweight, although there has been a declining trend for these rates over the past five years, they remain alarmingly high. In spite of these figures, improvements in health care have been made, most notably in maternal-child health. In 2012, the under-five infant mortality was estimated to be 41 out of every 1000 children.
Host sites

Nepal is a new Go Global placement opportunity and our first group will undertake this placement in November-December 2019. The placement will commence in the beautiful city of Pokhara, 200km from Kathmandu. Pokhara is flanked by the Annapurna mountain ranges and set on the beautiful Phewa Lake. Students will receive a country and cultural orientation and visit some of the historical sites, temples, market places, and health related sites.

The following are the available sites in Pokhara:

**Saathi Sansar Nepal**

This is an NGO Family Day Centre for children with cerebral palsy from the Pokhara region and the children are aged from 3 – 15 years. There are three centres – one is in a rural area which has 20 children and the other two centres are in central Pokhara and with approximately 8 children in each. The teachers and carers are trained onsite and there are no qualified allied health professionals providing care and therapy for the children. The Director of the Centre is looking forward to having an IPP team work with his staff and provide education and therapy for the children at each of the centres. It is suited to physiotherapy, occupational therapy, speech pathology, psychology, social work, nursing, and dietetics and nutrition students.

**Green Pastures Hospital**

This is a 70 bed Christian NGO Hospital 15 minutes from Lakeside Pokhara. The speciality areas include: Spinal disorders and surgery, orthopaedics, stroke, cerebral palsy, amputations, leprosy/dermatology, plastic surgery, palliative care, general medicine and ear surgery. It is suitable for speech pathology, physiotherapy, pharmacy, occupational therapy, nursing, social work, dietetics and nutrition, and psychology students.

**Independent Living Centre**

Situated adjacent to the Green Pastures Hospital, this site offers an interdisciplinary team the opportunity to do community home visits to disabled clients in the Pokhara region and work with the health professionals from the centre to provide resources, education, and therapy for the clients and provide education for the staff. It is suitable for physiotherapy, occupational therapy, social work, speech pathology, dietetics, pharmacy, nutrition, nursing and psychology students.
Program Preparation, Learning Outcomes and Assessments

As a Go Global participant, students are required to play an active role in preparing for the challenging and rewarding experience, which comes from working with a new multi-discipline team in a foreign country. Students are expected to actively take part in a pre-departure program, which is an integral component of their placement preparation. The pre-departure program includes a series of handbooks, workshops and assessments and students are required to actively participate in all aspects.

Go Global Handbooks

Students are provided with a country-specific handbook that addresses a range of topics such as background information on the country and the culture, details on the host site, what a typical day looks like, placement components, student expectations and requirements, and much more. The handbook also outlines important dates, deadlines, and provides a list of documents students are required to submit. It is essential the handbook is read as soon as they are received and will be available on Blackboard for all students to access.

Go Global Pre-departure Workshop

Once students have been allocated their placement they will be provided with a number of opportunities to get to know the rest of their “group”. One of these opportunities includes a group-specific Pre-departure workshop that in addition to meeting the rest of your team provides students with valuable information about the placement and host site. Some topics covered in the workshop include:

- Destination and host site details
- Team building
- Cultural sensitivity and cross-cultural communication
- Working with interpreters
- STEEP preparation
- What to wear / Go Global uniform
- Fundraising
- Country-specific requirements
- Assessments and important dates
- Documents to submit and logistical information

Ready, Set, Go Global Pre-departure Workshop day

In the final stages of the pre-departure preparation, the Go Global team hold a workshop from 9.00am to 2.00pm where students work together in their groups and participate in a variety of sessions to ensure they are fully prepared for the adventure ahead. Topics covered in this session includes Final details for the Placement and Travel, Information regarding the assessments and projects on site, cultural awareness, communicable diseases information, conflict resolution, Interprofessional practice and a discussion with previous Go Global students.

Go Global Learning Outcomes and Assessments

Students will be required to complete the following assessments as an integral part of their Go Global preparation, experience, reflection and evaluation:

- Prepare a STEEP report on their placement country, as a team (STEEP is an Acronym for Social, Technological, Economic, Environmental and Political) prior to departure as cultural preparation for their travel.
- Reflective Journal- in order to gain the most from the experience, you are to complete four reflection pieces to assist you to process your Go Global experiences on a personal and professional level.
• Interprofessional Capability Assessment Tool (ICAT) - this is the evaluation tool used for all interprofessional placements for students in the Faculty of Health Sciences at Curtin University.

• Project Summary Report: This is a significant contributor to sustaining the service that the students have provided and assists future students to carry on with the work.

Upon successful completion of Go Global you will be able to:

• Reflect on personal and professional progression towards attaining cross-cultural competence during an international service learning placement

• Demonstrate and evaluate interprofessional practice

• Synthesise and document the current influences on the healthcare system of an international community

• Apply projects that work towards community-based health outcomes of host sites

Cultural competencies and employability skills that you will gain include:

• Knowledge of the Indo-Asia region

• Cross-cultural communication skills with a range of stakeholders

• Work-readiness with regional experience

• Leadership and Teamwork skills

• Problem-solving skills

• Conflict resolution skills

• Interprofessional experience and knowledge
Student Support, Assistance and Safety
Curtin University has a strong network of professionals who are available to assist students in a range of scenarios in the lead up to their departure, whilst on placement and once they have returned to Perth. These are explained below:

Go Global Team
Go Global staff are on hand to provide advice and information in the lead-up to your placement. We also provide emergency back-up by being on call 24 hours a day during your placement. In the event of an emergency, students call International SOS and to inform us immediately of the situation.

Go Global Facilitators
Go Global works with staff from each of the Schools who assist in the preparation of each group in the lead up to departure, travel with the group for the first two weeks and assess the students at the placements. The facilitators will provide mentoring and direction, assist with team meetings and daily debriefs, provide direction with site projects, and facilitate learning, communication, relationship building within the team.

International SOS
Through Curtin University’s membership with International SOS, students will have access to 24/7 expert advice and assistance for travel, medical and security queries during their placement. Students will also gain access to the ISOS Assistance App, a tool that provides medical and travel guides at your fingertips enabling you to contact the nearest Assistance Centre for help or advice when needed.

Curtin Comprehensive Travel Insurance
Curtin University provides comprehensive Travel Insurance for approved Curtin travel, whether you are travelling within Australia domestically, or internationally. Go Global students are covered under this policy for the duration of the placement. We recommend you visit Curtin’s Risk and Assurance webpage for further information about the travel insurance including ongoing private travel post placement and cover for spouse/partner and dependent children.

Host Site staff
Each Go Global host site has a local contact who will assist students throughout the placement. You will be introduced to the liaison upon arrival in the country. They are available to assist students following the return of the facilitators and offer 24-hour services.

Globetrotter
Curtin University employs the services of Globetrotter, a global travel management firm specializing in corporate travel, to book all Go Global flights. Students have the option of amending their return flight post placement for personal travel and will receive further details about the process in the months leading up to departure. If you intend to travel on after your placement, please inform the Go Global office.
Smartraveller Registration

Go Global recommends students register their travel plans with Smartraveller prior to departure. This information is provided by the Department of Foreign Affairs and Trade cover safety information including issues of security, civil unrest, crime, and health.

You can register your trip online through your Smartraveller account. This information can be found here on the Smartraveller website.

Go Global Alumni

The Go Global Alumni Chapter aims to develop a network of postgraduate professionals who have previously participated in the Go Global program. The Go Global Alumni Committee aims to raise the profile of Go Global within Curtin University and across the wider community, with the ultimate goal of enhancing the outcomes and possibilities of the placements undertaken at the host sites.

Visit the Go Global Alumni Website: alumni.curtin.edu.au/chapters/go-global
Search ‘Go Global Alumni’ and join their Facebook page

Financial Assistance and Fundraising

New Colombo Plan (NCP) Grant

There are a limited number of (NCP) grants to the value of $3000 per student for the Go Global programs. To be considered for an NCP grant students must:

• Be an Australian Citizen
• Be between the ages of 18 and 28 (inclusive) years of age as of 1 January 2020
• Be undertaking a Bachelors or Honours Degree
• Must be at least in the second year of their program
• The placement will provide direct credit for their course of study
• Cannot have dual citizenship or residency rights or have previously been a citizen or permanent resident of the Host country
• Not be a recipient of another Australian Government funded off-shore scholarship whilst on Go Global placement
• Not previously been awarded an NCP grant

Applications: All students who apply for the Go Global program will be automatically assessed in accordance with NCP eligibility guidelines. Applications will be ranked according to academic merit and responses to application criteria and grants will be allocated accordingly.

OS-HELP

OS-HELP is a financial assistance initiative introduced by the Commonwealth to assist eligible students with a range of expenses for the purpose of the overseas study. The loan helps with the cost of studies undertaken overseas (travel, living expenses or tuition fees), as part of their Australian degree. Students applying must meet the following eligibility requirements:

• Australian citizen, Permanent Humanitarian Visa holder or New Zealand citizen
• Enrolled in a Commonwealth Supported Place at Curtin University
• Not received an OS-HELP Loan in relation to more than one other period of 6 months
• Completed a minimum of 200 credits towards the current course of study at Curtin University (this may include CRL) and Academic status of Good Standing
• Study will be full-time whilst overseas
• Will have a minimum of 25 credits remaining for current course of study at Curtin University upon returning from overseas study
• Have a Tax File Number

For more information regarding OS-HELP loan and how to obtain further details please click here.

Centrelink Payments

Centrelink generally stop payments if you have left the country. To ensure students continue receiving their payments whilst on their Go Global placement Centrelink need to be provided with a Letter to Confirm Enrolment.

Centrelink will ONLY accept this letter for students who:

• Are undertaking their placement For Credit
• Are enrolled full time.

Please contact the Go Global Office for a letter for your Centrelink payments at least 4 weeks before your departure date of your placement.

Program Eligibility Criteria and Requirements

The Go Global program is available to health sciences students from most disciplines. Students who will be in their third or fourth year of their undergraduate degree, or final year of a postgraduate degree, at the time of placement, may be eligible to apply. Please note that the eligibility criteria is discipline-specific and determined by each School. Please speak to your School Fieldwork Coordinator to confirm if you are eligible and which placement you can apply for.

To participate in the Go Global program students must meet certain criteria and adhere to a number of requirements. The criteria, requirements and expectations are outlined below. In addition, students are required to meet with their School Fieldwork Coordinator to discuss their intentions to apply to ensure the Go Global placement is suitable for your course and does not conflict with requirements or expectations. It is also important to check that the preparation sessions and placement travel dates do not clash with exams or classes.

Requirements

Before you apply please check that you meet the following criteria and expectations;

• In Good Standing (Academic Status)
• Course Weighted Average (CWA) of 60% or more
• Able to undertake the time commitment for preparation sessions, group and individual assignments and the 4-week overseas placement
• Must be in Perth to participate in all preparation sessions and assessments
• Meet all Go Global program deadlines by the due dates provided
• Able to obtain all mandatory vaccinations relevant to the chosen destination
• Must have a passport with at least six months validity on return to Australia at time of departure
• Have a current Working With Children Check
• Eligible to obtain a visa for chosen Go Global destination
Conditions of Participation

As a participant of the Faculty of Health Sciences Go Global program, you will need to acknowledge and agree on the application form that:

- Whilst participating in an international fieldwork placement as an enrolled student of Curtin University, you are subject to its statutes, policies and procedures relating to study, courses and awards
- Appropriate standards of behaviour will be expected. You are aware that any adverse behaviour will not only reflect on yourself but also on the University and future participants in the program
- Whilst on this international fieldwork placement, you will be under Curtin’s custody care and control and therefore must follow its reasonable directions
- Whilst attending the host institution you will abide by the rules and regulations pertinent to the host institution (these will be discussed with you when you arrive at your placement).
- You are required to travel with the Go Global group from Perth to the host country
- You will obtain appropriate medical advice regarding the necessary vaccinations, immunizations and health requirements required for your travel to the host country
- You must notify the Go Global team of any pre-medical conditions and obtain a Fitness to Travel form and manage the rigours of the travel certificate from your treating physician along with medications.
- You further acknowledge that as a participant in an overseas fieldwork experience you will be regarded by the host institution as an enrolled student of Curtin University.
- You will follow the Health and Safety Risk Management Plan for the fieldwork placement and abide by the obligations imposed in it
- You acknowledge that should you breach Curtin University’s Student Charter or Curtin’s Values and Signature Behaviours or any other policy, you could have your Go Global placement terminated.
- Students may be excluded from undertaking the Go Global placement for the following reasons:
  - Students who are on Conditional Status or have a course weighted average of less than 60
  - Students who have failed or have been at risk of failing a previous fieldwork placement
  - Medical or personal reasons if the student is at risk of endangering themselves or others
  - If any of the following are breached: Curtin University ‘Student Charter’; Curtin University’s ‘Curtin’s Values and Signature Behaviours’ or Professional association ‘Code of Ethics’, (e.g. Occupational Therapy Code of Ethics)
  - Upon recommendation of the school, Go Global reserves the right to withdraw the offer of the placement from the student.
Program Dates and Cost
Please consult your unit coordinator before applying for the program so that you know what options are available for you. A number of factors contribute to the places we offer, some of which include requests from School Fieldwork Coordinators, discipline suitability and maximum capacity. Please keep in mind that in round two, a large number of places have already been allocated to students who applied in round one.

Dates
The program offers placements twice a year in two ‘Blocks’. Please keep in mind that whilst the following dates are likely to be as stated, they are to be considered tentative until we have allocated all places and paid for the flights:

- July Block: 25 June to 26 July 2020
- December Block: 21 November to 19 December 2020

Program Fee and Payment
The fee for the 2020 Go Global program is outlined below. The cost may vary between destinations due to a number of factors, most of which are outside of our control – such as the cost of flights, exchange rates, payment to the host sites, accommodation cost, in-country inclusions such as orientation and transport etc.

Given we are a university program; we are here to offer a service and provide opportunities for health sciences students. We are not in business to make a profit and aim to keep the cost down as much as possible.

<table>
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<tr>
<th>DESTINATION</th>
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<tr>
<td>CAMBODIA</td>
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<td>CHINA</td>
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<tr>
<td>INDIA</td>
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<td>VIETNAM</td>
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<td>NEPAL</td>
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<tr>
<td>THAILAND</td>
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What’s included?

- Return flights between Perth and the host country
- Pre-departure Preparation Program and administration of the placement
- Accommodation for the duration of the fieldwork placement
- A structured orientation program on arrival in country
- Structured placement, two-week facilitation and regular debrief sessions
- Some meals and transport – destination dependant
- Gifts of appreciation for host sites
- Travel insurance and 24-hour access to emergency support for the period of placement
- Use of Go Global program equipment including group emergency Go Global mobile phone
- Dedicated host partner and a team of interpreters – site dependent

Note:

- A $250 deposit is required to be made once you have submitted your application
- The remainder can be paid in full or instalments (whichever you prefer) as long as the deadline is met
- The program must be paid in full by the following dates:
  - July placement: By 9 February 2020
  - December placement: By 12 July 2020
- All payments are to be made online via this link

Expenditure Overview

In addition to the cost of the program students also need to keep in mind there will be other additional costs such as vaccinations, visa’s, Working with Children Check and purchasing of personal items whilst in the country. It is difficult to estimate how much money to take with you as it varies destination to destination and depends on how much travel and sightseeing, and shopping students do in their free time. As a guide, we would recommend a budget of $500-$1000 per month.
2020 Go Global Program Application Process

There are two rounds of student applications for Go Global 2020:

**Round One** applications are open from **19 August – 8 September 2019**
**Round Two** applications are open from **17 February to 15 March 2020**

How to Apply

1) Read this Program Guide thoroughly and speak to your School Fieldwork Coordinator before applying to ensure you meet the eligibility criteria and can commit to the 2020 program.
2) Visit the Go Global website and add us as a Facebook friend at Curtin Go Global
3) Click on this link and complete the Online Application Form on the Go Global website prior to the application closing date. Round Two applications open on 17 February 2020.
4) Pay the Go Global $250 non-refundable deposit via this link on the Go Global website
5) If interested in finding out more about the OS-HELP loan visit this page on the Scholarships website. Other information on financial support services offered at Curtin can be found here.

Selection Process

Go Global placements are limited with each group comprising a maximum number and capacity according to discipline and host site. To give students the best chance of securing a placement, students can select up to three sites (1st – 3rd preference) when applying, and the Go Global team assesses applications as outlined below.

- Discipline mix for the placement
- 1st, 2nd and 3rd preferences (preferences must be for a placement you are willing to commit to)
- The highest Course Weighted Average
- Quality of their selection criteria as judged by the Go Global team
- The possibility of an interview- discipline dependent

Appeals regarding exclusion from the Go Global program are to be made to the student’s School Fieldwork Coordinator in writing within 10 days of the notification.

**Note:** Students applying in Round Two will be notified of the outcome by 27 March 2020.

Withdrawing from the Program

If you need to withdraw for any reason, you **MUST** inform the Go Global team as soon as possible. In the event of withdrawal, if flights and accommodation have already been purchased, you will have to bear the cost of all non-refundable fees. Bookings may be made as early as five months in advance of travel. Dependent on the reason for withdrawal you may be eligible to make a claim through Curtin Insurance. If you withdraw from Go Global at the request of your School due to poor performance, the above terms and conditions regarding reimbursement still apply.
The Go Global Team
The Go Global team are always happy to hear from students so if you would like to know more about the program or have any questions whatsoever, please don’t hesitate to get in touch. Our contact details are provided below.

<table>
<thead>
<tr>
<th>GO GLOBAL TEAM</th>
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</thead>
<tbody>
<tr>
<td>Office location: Building 400, room 434/449</td>
</tr>
<tr>
<td>To secure an appointment please contact us via email or phone</td>
</tr>
<tr>
<td>Email: <a href="mailto:goglobal@curtin.edu.au">goglobal@curtin.edu.au</a></td>
</tr>
<tr>
<td>Phone: +61 8 9266 3627 / 9154 / 2183</td>
</tr>
<tr>
<td>Web: goglobal.curtin.edu.au</td>
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<tr>
<td>Facebook: Curtin Go Global</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>GO GLOBAL STAFF NAME</th>
<th>PHONE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Project Coordinator</td>
<td>Jamie Choo +61 8 9266 2183</td>
</tr>
<tr>
<td>Clinical Coordinator</td>
<td>Rosalie Nodwell +61 8 9266 9154</td>
</tr>
<tr>
<td>Administrative Officer</td>
<td>Mandy Wan +61 8 9266 3627</td>
</tr>
</tbody>
</table>

We look forward to welcoming you to the 2020 program.

The Go Global Team
Jamie, Rosalie and Mandy